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From the Course - Accessing the Superconscious Mind Lesson 1

### Healing the Body and the Mind Through Consciousness

And the life shall go out of your body and New Life come in... And the ways of the Spirit shall be shown...

Your body and your mind are one. The body cannot be corrected without the mind being corrected. All thoughts entering your mind take position in your body as expression. So, let your thoughts be on the fine and the beautiful, the glory of God and the principle of Be-ing.

This workshop will take you into your Higher Mind and the glory of God's Presence. Blessings of Light. Kuthumi.

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### Go Empty to Be Filled, The Principle of Emptiness

<u>Overcoming the fear of</u> <u>emptiness</u>...

Now faith is the substance of things hoped for, as it was the substance of things which have come to pass; and it is the evidence of things not seen. (Hebrews 11:1, George M. Lamsa Translation)

Hear this, O my people, for I have come by your faith, not by the Will of the Father. I am here because you believe in me.

We shall now go forward as People who have faith in the Light within. Steppingstones have been laid that your walk may be complete, your consciousness fulfilled.

### Steppingstones to Higher Mind

- ♦ Faith
- Expectancy
- Willingness to Shift Your World
- Receptivity

Faith: Most people - and you may be one - are simply afraid to go empty. Not to have anything in mind, to have no thought, no attachment to previous conditioning and ideas, may be just plain inconceivable and scary! But if faith can replace doubt and fear, the first steppingstone into Higher Mind, the Superconscious is yours. Faith is the creative circuit by which you will reach the "World of the Word," the Higher Mind vortex of creative thought - the world of brilliance and free thinking.

Expectancy: When you have cleared your mind to receive new thoughts and flashes of enlightenment, expect revelation, "the word made flesh." Remain open to the workings of the Superconscious, the Solar activity of Divine Mind as it operates through your consciousness. Your expectancy of receiving the enlightenment you seek, the answer to your question, the movement of the Superconscious Mind in your heart stream, releases a positive command that must be answered.

<u>Willingness to Shift Your</u> <u>World</u>: The spirit of

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adventure may be necessary for you to step into a new world of constant change and solar activity. As the Master Jesus told his disciples, To enter the Mind of God, the World of Light, you "leave your nets and follow Me." Emptiness means forsaking all that has been your familiar world. You cannot have the human, manufactured world of false authority, lifelessness and ego attachments and entertain the Higher Mind. To access the LIGHT you must leave the prison of the mortal mind and mass consciousness.

**Receptivity:** Let the world of light, the Creative Mind Intelligence vibrate through you much like a volcano shaking the very roots of concepts, theories and comfort zones. Your world must be shaken every time you seek New Thought and the Solar Intent. Living in the Mind of Light, you cannot dwell in a vacuum or hug the "letter of the word." You have the power and the right to rise to a New World - a world of continual rebirthing, of flashing new ideas, of a spontaneous frequency of ascendance. Let the Creative Spirit vibrate as your consciousness and your mind. Enter the World of Light.

### Nothingness is the Unlimited Field of God Intelligence the place of Miracles where Living Truth resides.

And within this Place, the Heart of God, is the All-Thing - that which you seek and find in the constant movement of the Superconscious.

Living Truth rests in the pervading Ultimate of NOTHINGNESS. This is the sphere, the domain of ALLNESS. From the Intelligent sphere of Nothing, SUPPLY vibrates to you and

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completes itself in your life. You must be willing to enter the Nothingness to be filled. For all supply, including New Thought, comes from this place of emptiness.

Are you afraid of this place - the NOTHINGNESS, the Creative Intelligence, the magnificence of Potential? This is the House of God, the Divine Mother, the Solar Realm of the Creative Daughter, the Central Sun.

### Steps to Enlightenment

First, you must learn to become comfortable on the plateau of emptiness. Be expectant, knowing that radiance will give you new life, the bud of a new idea, a burst of Creative Intelligence that will thrill you in its presence and revelatory power! This is the World of Light, of Creative Intelligence, where a burst of Flame can ignite the fires of your Higher Mind.

### Faith Expectancy Willingness to Shift Your World Receptivity

You will find that through these four steppingstones you will create the radiation of activity, which will allow you to access the Superconscious and dwell within.

Radiation catches the heat and swirls it faster into a small dot pin-pointing the needle point in a dot of red You must be so comfortable at rest and at peace - in the God Presence that you can surrender your previous goals, m i n d c o n t r o I s a n d indoctrination. There is a rhythm to be experienced. This rhythm is "the way, the truth and the life," the divine order of Christed Mind moving to express the "Word incarnate," the enlightened thought.

You will learn to live courageously in this field of You will live in purity. emptiness to be filled. You will live - not by the letter of the word - but by the Spirit of the word. And when this is accomplished, you are free free of all doctrines, misinterpretations and imprisoned cultures. You are the Voice of God, the Wombman called Mary, the rhythm of a Bright New World.

Seal of Melchizedek

### The Mercury of Mind and Heart

**Assignment:** Overcome fear by faith. Let your *love of Truth* be greater than your fear of emptiness. Let your desire and passion for new worlds and enlightened Truth guide you into the Unexpected, the Unknown, the fervor of the Superconscious.

Come, join the Creator in stepping into new worlds of LIGHT.

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#### From the Course - Accessing the Superconscious Mind Lesson 2

### **The Creator Intent**

Leave the dust of the lower consciousness that solar union can me made. The thought forms of the lower mind seduce, imprison and often dispel the Creator Intent, the passage of My Mind into your mind as God's Word.

In the Beginning was the Word And the Word was with God And the Word was God. All else is illusion.

When I strip away all ideas and thought forms of the barren land of mortal mind, I can create in you the World of Light. This World of Light bears witness to Me and the S o I a r C h r i s t, the Superconscious Mind.

### Definitions, Explanatory Messages and New Ideas

I attract back unto Me My original Idea. The Universe is made by My Hand. It is not of man but of God. If that can be understood you have perfect Idea as the solar union of God and man, God and you. The solar union of God and man (consciousness) is called the Superconscious Mind.

All is attraction. All is divinity. All is God Mind.

Therefore:

Be open and be free. Be centered and realization will come.

Be clothed in the light of the Sonship The Name of Jesus is - the divine expression of Creator available as a leverage point. Intent. In calling on His Name, you

The use of "I" as the frequency of and the Higher Mind in these records Jesu enables you to quickly release old you. ideas and perceptions and clear the way for the alignment to your Higher Mind.

The death cycle is over! Once the Omnipresence declares Itself, as GOD MIND radiating Intuitive Substance, there is no need whatsoever for physical death. Life - divine, continual Creativity - has declared and witnessed Itself. The well will never run dry.

You must be in the Light to witness the Light. In Light there is no death but only *renewal* in the Father's Love, glowing and universal. Trust in this process of renewal. It is constant and ever-present.

However, if you have attachments and continuing belief in the world (mortal thought), then what comes as physical death is a blessing unto you. Death, in this case, allows you to begin again and again and again until you have formed a solar connection to the Life Intended and the Superconscious -ALWAYS CONSCIOUS -Mind.

The Word "I" is the uplifted Life in God, Truth. The Word "Me" is your return to Godhood, to the vibrating essence of H i g h e r M i n d, t h e Superconscious state of Being.

The Name of Jesus is available as a leverage point. In calling on His Name, you *invoke* the Creative Force, and the process and path of Jesus' ascension is open to you.

Mind and Matter become One in Higher Consciousness. There is no division here. There is no consciousness of division.

The Mind is Lord and the creative circuits of Mind act in obedience to that which is formed in Mind.

When the Mind is touched, you are bathed in light: the Light that heals, resurrects and creates God's Word as I AM. There is no seduction here,

only the Light of Divine Intelligence, the Superconscious State of Be-ing, rhythm of Enlightenment, revelation of Truth.

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### The Solar Activity, Passage into Higher Mind

Peace and quiet must prevail if you are to access and stabilize in the Superconscious State of Be-ing. There is no travail here. At each moment the empty cup is filled. The Creative Circuits are established, rebuilt by Light. And God (Divine Revelation) is on the field, vibrating into the Four Directions - Love, Light, Law and Life. This is the Creator Son. And He who has given this to you is MELCHIZEDEK, Angel of Light.

Behold, it is now time for you to rise and capture the Spirit within. Come to the Altar of your own Subconscious Mind. And from this altar make your commitment to the Light. Then can the Light sweep you up and carry you out of the world and into the Solar Consciousness, the Christ, the divine Superconscious.

Are you willing to shift your world? Because if you are not, you will be unable to access the Superconscious Mind.

If you can truly empty your mind to be filled with Consciousness of the new, the fresh, the revealed, then you are ready to receive the Immaculate Conception of Christ/Higher Mind. You have prepared yourself well.

• Your faith will carry you through the darkness, the nothingness of emptiness.

• Your child-like expectancy will empower the Light of Higher Mind to vibrate.

♦ Your receptivity and focused intent will impel Divine Mind, the Superconscious State of Be-ing, to

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enlighten you and continually energize your life with spirals of truth building on truth.

#### Keep the Focus

### Keep Intelligence Alive in Your System

Note: He who is the "light of the world" is stabilized in Higher Mind and vibrates that Mind into creation without hesitation. Here lies the secret of living in God as the Creator. Transmissions of Light, without inhibitions or attachments to the human world, permit the Christ to live, the Light to shine, the Grace of God to prevail and so lift earth.

### A Common Misstep in the Alignment

Often the lack of concentration, commitment and the discipline of focused intent is the cause for inability to live in the genius realm of the Superconscious.

### Exercise

Once again, as I did in the Abundance Workshop, I ask you to put your attention on your Third Eye, the point between the eyebrows. Then, while keeping your attention and connection on the Third Eye, join that chakra to the Crown Center or chakra. Feel that connection as you are centered in Higher Mind. You have activated both the Third Eye and the Crown. You are bathed in white light. As you become more aware of your higher centers and the vibration of those centers, any loss of focus or lack of concentration and one-centeredness will be acutely felt. Study this carefully.

You can now begin to THINK with the Higher Mind, the Superconscious State of Be-Now this is important. ing. You are expectant, receptive and *willing* to initiate truth from your higher consciousness. In this state of awareness, you are listening to the God Voice, the Inner Voice, at all times. No one or no thing can cause you to drop from this Holy Place, the Garden of Eden, where the Divine Voice is heard and obeyed. You, the Master, live in this Garden. The Master speaks with this Voice and errs not in his/her judgement.

#### No simple delight, no persuasion of any sorts, can draw your attention from your focused intent.

For many years I have watched students connect with their Thought Adjuster, the Intelligence within. But what I have noticed is that they are easily seduced by the material realm, allowing their minds to wander unfocused. The scripture account of Jesus' forty days in the desert when the Master was tempted

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by Satan (the Devil or lower mind) is entices your attention instruction to all who seek the Higher away from the goal. Mind alignment and the Superconscious state of Being. Then, seek truth - it may Jesus could not be tempted, or called be in the form of a out of his concentration and focused question or a deep intent. He was the Father's Voice and desire to understand a the Creator (Divine Mind) in him.

The light you seek is Have the faith, the uncontaminated by human expectation and the thinking. human thoughts, ideas, opinions, and Superconscious to wait for the bright light of divine reveal by the Inner Voice knowledge and wisdom. Seek Truth, that which is true, although it may break the bonds of revelatory and complete. attachment to religion, culture - all that is familiar as your world. willing to shift out of your present release the old world and world and take your place in the world of nothingness where the emergence of God Thought, Higher Mind, is Be open, and without constant and free.

In the awakening of kundalini to be filled - into the (spiritual force within man), the Nothingness electrical, vibrating energy of the Creator or Creator Intent rises to the Eve of Horus (Third Eve) and to the Crown Center, thus pressing on every chakra to open. Kundalini brings the light and the light opens the cells of the brain to receive the higher, deeper secret doctrines of the "Word made flesh." The third lesson will focus on the Inner Voice and kundalini. This portion of the workshop is necessary to act as an opening agent.

**Assignment:** This week - the sacred, mystical seven-day time of creation - practice aligning to Higher Mind by centering on the Third Eye and the Crown Chakra. Do not force Fire of the Higher Mind this exercise.

Gently but with full persuasion, watch ing.com/category.sc?category your concentration. Be alert to what Id=56

truth principle or writing.

Therefore, release all receptivity for your

Be Be willing to let go, to the ties you have to it.

> fear consciously step forward into emptiness to experience the Light.

#### Watch for th e **Unexpected!** The **Miracles!**



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### Accessing the Superconscious Mind

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Break the boundaries of old, stale, rational thinking. Be willing and receptive to the next step and the next, as you bear witness to the intensity of LIGHT, the creative genius of the Sword and the Revolutionary Spirit of Divine Fire. This is a revolution you are creating! A Revolution of Divine Light!

\*Write something revolutionary from your Place of Creative Genius. Feel the snapping of the present thought as it gives way to the next twig appearing on the Tree of Life.

Make a place for Me that I may appear to you as enlightened Thought, the Light flashing as revelation ... a revelation born of Spirit, not matter, continuing on into infinity - changing, swirling into higher thought forms and greater Love.

Note: Have patience. If the words and thoughts written in this lesson are difficult to digest and comprehend, realize they are energy nodes of Light, which open the cells of the brain and brighten the star of universal understanding. Read the paragraphs over and over. Wait for enlightenment. It will not come from your world of "mind." Go empty to be filled and wait for the Sun to shine. Revelation will come. You are taking your first steps into Higher Mind and the activity of Soul. God's World is beautiful!