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Community of Light
NEWSLETTER

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Creating & Living in Perfection

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The Power Of The Mind

The University Papers #117

Introducing the God Cell

The *Life Energy* contained within the God Cell is the Creator. A Life without stopping...a Life without end. And that God cellular Life is located within the heart chakra of every human being alive today. It is the finalization of the creative pattern of Existence as brought by the Great One Sanat Kumara.¹

The *Life Energy* within the Cell is your divine substance through which you create the new world of light and love. This Cell of divine unfoldment dwells within the human heart, and it is there that you will discover your heaven on earth. All that is meant to Be is there in the life energy of the I AM Presence, joined into actual material existence now by means of the life record of Jesus or the whole All Man. In the blueprint of the divine Man as conceived by God is and ever shall Be the Perfect Energy field through which all life is connected and given new birth. Dwell on this for it is real. It is the perfect rhythm of the Creator given to you at this time.

Take up My mantle of The Christ.

The God Cell

Divine manifestation

Now the holy stream of Life comes forth in new and different ways. It is the climax of a new world being born in your consciousness. It is the Creative Power emerging as the Great and Powerful I AM. It is Self Government.

Jesus the Teacher said to the wise man, Nicodemus, "Wisdom is not enough, my friend. You must be born again." That new birth enables *you* to be-come all powerful in yourself, to create out of yourself in line with the GodSelf *the life divine*.

To actualize the God Cell within your heart center, you must first *recognize it as Being there*. With this recognition comes new light and with this light radiates forth a power unheard of yet on planet Earth! A power so creative and immediate in its influence that the present world is shaken by its entrance and realization. It is the Christ Force. And that radiation is ready to begin its journey on earth by your hand.

Then, following the recognition of the Cell, *qualify it* by restoring it to your attention and your focus as the primary energy in your system. This can be accomplished by once again paying heed to the Teacher's guidance when he said, to his disciples, "Keep your eye single and your whole body will be filled with light." This light, long sought by the initiates and swordsmen of truth, now actualizes by means of your breath in alignment with your God Cell. Living in this Light is what you must do once the discovery is made of the Christ Power.

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¹ **Ancient of Days**

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Thirdly, without hesitation, it is necessary *to live in the now*, the creative time of all manifestation. Pay not attention, pay no heed, to that which has gone before because that which has gone before no longer exists unless you give it existence!

Full attention must be on the God Center, the Creator within. This is the manifest power you have been given, the Central Melchizedek Energy Flame. Want no more. Be. From the Central Creator, have your Be-ing and breathe with the Lake of Fire as co-creators on Earth.

Prepare now to take up the Breath of Fire and live in the Presence of God.

I AM That I AM

The cellular disposition of God in you as "I AM"

This power given to you out of the Beginning of all Life, God in expression, is your reestablishment consciously in the cellular flame of divine Being, *the I AM*.

The Identification for all life is the I AM Presence. The great and Mighty I AM dwells within the God Cell and there, in this God Cell, is the Master.

Practice the disciplines of holding fast to the God Cell as your power and presence. There is no life other than in the immediate God Cell!

ALL FORMS OF LIFE THAT YOU SEE AND EXPERIENCE AS HISTORY ARE BUT AN ILLUSION OR FALSE CREATION! LIVE IN THE IMMEDIATE NOW WHERE I CAN COMMAND THE PERFECTION OF MY BEING AS I AM. THIS

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CONSTITUTES THE REAL. AND THAT REAL IS YOUR LIFE IN ME.

Belief in the history is a form of attachment. As you attach to the unreal or false creation which has no energy of its own you manifest energy to it. Yes, you actually give it energy. But - pay careful attention to this - you are not giving it true or rightful energy, but you are releasing a part of yourself into the illusion or history. Much like losing blood, you cannot afford to do this for it will only bring about sickness and eventually your death upon this planet Earth.

And the Master Jesus defeated death. There is no death in the record of humanity. Only you can carry death as a belief. Drop that belief now and stand in the rhythm of the God Cell which is your immediate now.

There is no death in Me!

Thus speaks your Lord of Karma.

Practice, Practice, Practice!

Keep your eye on the center of Be-ing where I AM

Take control of your mind. Harness the energies of the mind. This is the time of Great Manifestation. You are privileged to Be in this time of new worlds.

Watch how and where your thoughts travel. Where is your identification? To what and to whom are you attached? The God Cell is NOW. It is not one second past. It is immediate now. It is present action of God Be-ing, establishing It (Him-Her) Self as Universe consistency. Solid and concrete, but only in the brief Ultra-second of release. Immediate now is the God Cell. Your vital force is there.

You cannot compare, compete or in any way judge another if you are to maintain your equilibrium in the God Cell. You must just Be.

You will need to practice the discipline of living in the immediate now. Live and have your Be-ing in the God Cell where all life is contained as matter waiting to be born. Remember: Once this life is born of you through the God Cell Universe,² *it is finished and done*. There is no other. You release it. Stay divinely

² First Universe

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Living With Perfection

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The Earth Is My Body

And as My body it is expressing My perfection, My perfect union with all life.

I AM all there is in truth. My world is divine, all-perfect. I AM in the world as I AM. Every rock and stone, every particle of dust or sand is of Me. There is no other. As you come to the place of reality or the Kingdom of God, there I AM much like a brilliant Sun vibrating My essence as who I AM.

Exercise your awareness by seeing Me, feeling Me in all life. See My world as I do, without shame.

Turn the key. Open the door of freedom and Christ awareness. The Christ is the Sun as beholder and believer. Stand in the Sun, the very center and the core where I AM. We will blaze forth together the Master Ray of Intelligence that sends forth of itself all I AM.

Glad I AM that you have come to Me. Within Me, you are complete. Without Me, you are nothing. This is My Word. Now shine forth My glory.

Come Home

I invite you into the Kingdom of Truth, the Kingdom of God. I release you from all ties to mortality. Come Home. In Me you have everything. You have perfection. *I AM* perfection. Seek Me out of yourself. I send My thoughts to you that you might walk with Me.

I AM the living perfection of Myself. I AM not constricted nor AM I held in bondage by human thought. I AM released thought from My God consciousness. Each thought released in Me manifests as perfection. I AM the seed of Myself, a growing tree of My Being. Lovingly I extend Myself to you as you. My child, why not enter My world of perfection?

White Magic

Based in the Kingdom of God you are living in a state of perfection, for God/Truth is expressing all of the time. There is no other. The Sun is shining, casting its rays of intelligence upon all life, agreeing with all life *as its own perfection*.

There is no neglect or forgetfulness here! This radiance of the Sun or KINGDOM OF GOD is forever shining as perfection. It is a state of Be-ing.

Are you one of those people who is always trying to perfect something, someone, even yourself? In the Kingdom, God *is* the perfection and there is no other. You don't have to perfect anything or anyone, including yourself, because you are living with perfection, experiencing perfection within yourself and all around you. You are in the Kingdom of God where the life is already perfect and the path is that of enjoying and partaking and participating in the perfection I AM!

Come to that place within yourself. I *know* you can. You are already there! Right?

Each one is loved in the creative power of My own Being.

The City Of God

The moment you are in *is perfect*. Be there with Me.¹ The minute you agree with this, you are living with perfection *as perfection*. The power is in your *a g r e e m e n t* and acknowledgment of the divine flow of God in you as you. Without God you are nothing. That is the divine truth of Be-ing. Where I AM you are. *Be still and know that I AM God* within you and as you do this, you are That.

You establish a rhythm by your belief. This rhythm releases a road, a pathway, by which I travel as My Be-ing expressing I AM. Set up the rhythm now. Be clothed with Spirit. Be lighted!

These are words of Power. What has been given is an electrical circuit to the God Center where you and I are One as God Be-ing. I love you. Now take up that love and come Home to the place I have provided out of Myself. I love you. Come to that place of love, joy and Be-ing. Live that I might

¹ Me = the higher state of consciousness I call the "I AM"

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Living With Perfection

live. So let it Be that I have spoken to you as My child of light. Go back to the beginning where all things were made by a state of grace and love. Joy in Me. I have the Spirit to contain you and be you.

The Kingdom Of God

What you think is already yours in the Kingdom of God.

How blessed are they who return Home to feel the warmth of the Giving Sun upon their shoulders, hearts, minds and souls. You will not stumble in Me. You have been given sure steps in My walk. You have been given the way. It is the Melchizedek order. And defined through Jesus - through many eons - it is My light upon the path. Reclaim that light and enter through the gates of welcome into My Kingdom of divine perfection. I AM you!

Aren't you tired of living separately, without Me? Why, man, do you want to suffer when I can give you peace of mind?

The Kingdom of God is the Kingdom of Truth revealing itself as the nature of God the Creator of all life. It is through this creation as the Kingdom that you can experience perfection as the whole expression of a world of light.

This is the message that I have for you today: that you can receive My perfect expression through which I live and have My Being, through which you live in Me as a citizen in the Kingdom of My Sun. When My light shines, there is no other. Behold I AM the light! And in this beholding you are one with the light. For in the light, I AM.

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Stand at the core of Being. Look around you. What do you see? Why all is in perfect order, is it not? *DIVINE ORDER*. There is only harmony, perfection agreeing with itself. No disorder can exist in Me...not in the Kingdom where I AM.

The Kingdom of Truth is the magical mountain to which you ascend as I AM. It is in the magical moment of your realization that you are the Sun projecting yourself into creation, as you vibrate as consciousness of the Sun (God in expression as you or one with you). You are the perfect unit of Being reflecting *YOU* as perfect creation I AM! How magical this mountain is! What glory awaits each moment! And what joyful experience!

How wonderful to be with God every moment, to feel God's breath as your breath! How blessed!

Let your gratitude well up through your thankful heart as creative power! The Mother Spirit awaits your gratitude and your thankful heart that She may project Her radiance as perfect creation, divine perfection in expression now.

In the Kingdom of God there are no awards. Why not? Because there is only One. I AM That. The mountain has been reached. The Kingdom is the magic of the living Sun. It is living in perfection without doing, deserving or

earning. The Kingdom is Unconditional Love acting upon itself. It is a giving, unquestioning and unjudging place to Be.

Can you live with Me, with perfection, in this place of love and light? Then as the master Jesus once said, "Take up your bed and walk."

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centered in the God Cell as your energy field. Here in this place is a new world. Take time to understand, to know, to embody this world of light.

The function of your life now is to Be. And to Be is to live in the Presence as the God Cell. Be clothed in light.

What is around and about has no power. You carry the power within yourself as the God Cell opens and begins to function.

Begin now to Be.

The glory of God is upon us. Let us be open to Be.

Blessings, with Love and Light,

Crystal

Wonderful Opulence!

The University Papers #120

The art of manifestation, bringing manifestation into an art form.

A talk given on Sunday, October 19, 1997

Is this art a release of energy into a higher degree? You know just as we study for a profession, practice for an art, so it is with our spiritual practices. *We learn the techniques.* It takes dedication. It takes focus and we practice, practice, practice and we stay with it. You know a dancer that doesn't practice continually is not going to become a professional dancer. An actor who stops studying his/her craft cannot hope to become a full-fledged professional actor. So it is with every art form; every focus that you have needs continual practice. And I think that the spiritual identity is suffering because people don't understand this, they don't practice the principles of spiritual be-ing!

What is it that people want all over the world? They want to know how they can survive. For the most part people are caught up in a system that is cause and effect. And they are imprisoned by this system. Many of you, I know, are consciously studying and reading the metaphysical, faith principles of manifestation but are you really exercising these cosmic laws in your daily life? How many of you can say yes to this?

The power of direct manifestation in your life

I'd like to have us respect *the art of manifestation* and apply *the laws of manifestation* so that we don't fall back on old habits. We need to really build

the muscle, kindle the fire so to speak, of the creative spirit so that we can live *prosperously* on this planet.

What is your dream? What gives you purpose in your life? Because your dream is a special dream isn't it? It is *important*.

You need to feel good about your dream. You need to feel really wonderful about your opulent dream for our planet and for beings everywhere. So how you feel about yourself and your dream, and how you feel about accepting opulence is extremely important. It's a key to wealth. It's a key to riches. Riches that are the splendorous outpouring of God's love and prosperity all over the planet.

So how do you feel? Are you still imprisoned by the idea that your hard work brings you survival and a little money? Are you maybe giving penance for some particular act that you have done and consciously or even subconsciously saying, "I don't deserve God's opulent expression"? When I say wealth, what comes to your mind? Anybody quickly.

Response: Joy.
Opulence.
Splendor.
Riches.
Plenty.
Manifestation.
Magic.

Magic! Alright. I am reminded that when you have a high thought, when a great vision fills

you and excites you from head to toe, there may be a visit from "the destroyer" following that high visionary experience. And if you are one subject to emotional highs and lows, this destroyer or "tester" could well take your dream away from you! But if you have the stamina and the faith to believe in your vision and know it will come to pass, this destroyer will help you in the unfolding and manifestation of your dream. The destroyer becomes the complementary energy in building the dream. Learning to align with the Christ within, the I AM Presence, unites positive and negative in vibratory tone of building and creating the thought into form. This, in mystical literature, could be called the return of Adam and Eve within the soul/consciousness of man.

Stand firm in your dreams and your purpose and initiate the art of manifestation. To be a creator, you must do this. Keep rein on your emotions so that you don't allow the negative energy to destroy your visions! Focus into your higher chakras where noble dreams begin and end. *You are responsible for your dream material once it enters you. God makes you responsible for His Word.*

For a moment last night I found myself expressing anxiety as to how I could meet the expenses of this center-house. The

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Wonderful Opulence!

rational part tried to figure out how I could bring more money into the center. There was just a brief moment of this mass thinking before my higher mind cut in and took command. *But before that happened I had to admit there was no way I could meet the expenses for this center and school if my mind/consciousness remained in the human/mortal system.* And as I briefly surveyed the situation as it appeared, I reminded myself: Crystal, you can't be there in the mortal mind and the system of that thinking and do what you are called to do! You cannot be there. Rise in consciousness to the realization of My presence. *I AM the law.*

Now came the thought: A small amount of doubt and anxiety has pierced your vision for this house and center, a vision given you by God! Doubt and anxiety can close the door to manifestation. Quickly, my thought continued, repair the damage. *Reweave your dream.* Find the tear in your dream and fix it so that it is a whole complete vision for the work that you must do! Reconnect the rhythm of the GodSelf so that the power of the Presence continues to flow from your higher centers. Rebuild your bridge so to speak!

Never ever let the destroyer come between you and the divine expression you! You must keep watch daily and nourish your vision.

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These words came to me this morning: "Blessed are those who lay aside the ego for they shall prosper in Me." The ego worries about self. The ego wonders where the next penny is coming from, how it can survive in this limited system of mortal man. So I am again reminded to stay in the realm of the impossible and listen.

The power to manifest

It is necessary increase your energy to manifest. Your energy level (vital force) must be *doubled and tripled* for manifestation to occur. That means it is necessary to stay focused in the Christ chakras, *stay in the higher chakras.* Best not to think or dwell in the mortal realm at all. The actual process of manifestation takes place through the seventh chakra, the Crown Center. If you can focus there you may feel a sense of movement and of substance. This is the creative level where your mind radiates out without obstruction the form of need. The form actualizes by way of the substance of creative material stored within the Crown Center. It is here you can be Christed.

From an even higher source, the command or vibration that opens the canal of the Crown Center is sent from the tenth chakra very deep in the High Self (I AM) awareness.

Opening the higher chakras

You are divine and you have to

prove that you are divine now by your expression of love and light. So the art of manifestation is actually studying, living, practicing the guidance instruction that comes to you in the form of teaching and revelation just as you would study and practice to be a doctor, a lawyer, an actor, a first violinist. Focus brings results. Alignment with the I AM presence must manifest, but in order for the manifestation to occur you must be in agreement with yourself. Alright, so you have a vision. Now you become conscious of that vision. You become excited about it. The excitement and the stimulation is the manifestation process beginning through your heart center. The vision, you see, has everything. And the only way you can permit your vision to actualize is by cosmic law. It's tempered by it.

The art of manifestation is an art because it is an expression the creative spirit. It is an electric dance of divine energy searching for its expression.

I choose My path

- I choose not to participate in the death program.
- I choose life abundant.
- I choose to be able to lay down and pick up my body at

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will in a form as I choose.

- I choose to be one with all the molecules and atoms of life.
- What I choose is my life.
- I'm not living somebody else's program and somebody else's life.
- I choose to live in God's world of opulence. The divine glorious expression of spiritual energy on earth!
- I choose to live without thought or concern for survival. And to live in the Presence always, the Presence that is my vision, my purpose.

This is opulence.

As you probably recall, vision comes in the "now." *The almighty moment I AM. It has nothing to do with the future.* Vision begins to unfold but it only unfolds in the now because there isn't any past or future in the I AM. It is all in the moment, recorded here now. *God is I AM.*

My intent is God in me. Not separated but who I AM. *I choose that.* So I'm going to have to train my awareness to accept and know opulence.

How do you think of heaven? Do you think of it as a ghetto with people huddled in poverty? A place where some have much and others have little? Do you think of heaven that way? I don't think you do. **Heaven is a state of consciousness which we all have within us and it is opulence.** Now where are you going to be in heaven or in hell?

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Living the art

Art of manifestation. Practice it. Manifestation is simply the expression let loose through your higher chakras. *Being I AM.* And when we agree with ourselves, it isn't work anymore!

As an art form, the art of manifestation engages creativity. It engages *the Creative Spirit.* And that presence is always with us. But how many of us have been conscious of her and her brilliance? **Beyond the rational mind. Beyond the concept of what is and is not possible is the presence of this opulence or the Creative Spirit that takes form as opulence.**

The Creative Spirit, the Mother Spirit, has no conditions on her expression as supply. She is supply. *The Creative Spirit is supply unconditionally.* You cannot spend too much money or too little. It is impossible. It is impossible in opulence because it is always in expression *as I AM.* Supply is. This creative intent manifests through the "good heart"¹ and the higher chakras. It is the vibration of true life as I AM. Its intent is to show God.

Divine supply is always appearing. It is always expressing. In the lower fields of energy - in survival - we push and

we strain, we plead and we pray. However, in the Garden of Eden or the higher mind chakras the God flow is continuous and is a blessing to all. Practice the art of opulence. Practice the art of manifestation. Open your heart to a program of divine love and God in expression. Allow opulence to express as heaven on earth, and the Creative Spirit will be with you in the heart and in the mind.

Be watchful that you don't limit yourself. Reject any and all forms of limitation. God does not limit you. Why should you limit God? In pure abundance you were made. Don't limit yourself any longer! Give thought to the Creator. **Every thought should be an abundant thought,** a universal thought that is Christ filled. *Every thought.*

Making a friend and a partner of money

Try talking to money. Show your appreciation for the God Thought that produces money as God in expression. Startled? Well, a few days ago I decided to try just that! I can and do respectfully listen and communicate with all life. Or so I thought...I suddenly had the idea that it might be a good idea to really communicate respectfully to the out picturing of abundant life as money!

So I said, "Okay, money has something to say to me and I

¹ The open heart where love dwells

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have something to say to it. I'm going to start communicating with the atoms that form money. I love you," I said. "I'm so appreciative. Look at the beauty you bring! You do such wonderful work! I invite you to express more and more and more through me in my life. I'm conscious of you. I want to listen to you. I want to listen to your happiness and joy. I want to listen to what *your* ideas are. I want to be a partner with you, just like I am a partner with our animal kingdom, the angelic kingdom, the mineral kingdom. *I just really appreciate you.* Isn't it wonderful to be a community in the Spirit? To be one with all life?"

And following this, do you know what I sensed? **Not only a degree of levitation but a change of consciousness. I had a whole different idea about that green stuff.** My thought communication continued as I shared my enthusiasm with "money" and my new sense of community with the out picturing of Expression as money. To be able to thank "money" and to realize it as *a participating partner* in the vision of peace and abundance for all, brought a happiness of the Spirit which remains with me.

"Money," I said, "just think! As Divine Mind gives us beautiful visions and ideas we can complete them together. Wow! This is great!" And as I related to money/currency as Be-ing, I could feel the supercharge of manifestation all through me. I had stepped into a new dimension and a new frequency of Divine Mind. **And I WAS IN TOUCH WITH DIVINE, INTELLIGENT ENERGY.**

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The power of fascination

If we can become fascinated with self-pity, how broke we are, how difficult life is, how we never can get anywhere...then we will experience that belief. And so to really begin to see and agree with the world of light that is God in expression, TRUTH, is to powerfully choose to live in that radiance of heaven here and now. *You have the right to choose.* The change of consciousness that allows the purity of God's expression as "money" releases you from the duality of the mortal concepts of money exchange. You are in a new world of light where everything is consciousness and all is in partnership as One.

Acknowledging the beauty of "money" and the beautiful works that together can be accomplished in partnership with money, changes the dimension and allows a sense of cooperation with the creative fields of divine intelligence. **Money is a part of the creative fields of divine intelligence.** It is a rhythmic exchange of energy.

But if we pack it away for our survival and worry about ourselves and how we will survive, the dimension of opulence and divine service diminishes. We are back in mortal mind, in the system of the destroyer where there is lack and greed. And so today I would like you to give thanks to the

Creator for expressing as opulence, as appearing in your life as much money as you need for your contribution for this planet!

Watch, keep your balance. Keep your needle threaded. Reweave when you need to repair your vision and make it whole again. So let no negativity overcome you because negativity has no life of its own. It's just your belief in it that gives it energy. There is no negativity that can exist by itself. If you believe *you have the right* to decide your life and align with your purpose, you'll be a very, very powerful contribution to our planet.

The art of manifestation must be practiced. It needs your full attention now because the opposite voice is strong but it has no power lest you give it power. You have the light of the Hierarchy with you and the vision of our throne Mother. Stay in the higher chakras. Feet on the ground. Higher chakras. Thread the needle and repair your dream. It can be done. And this is a promise from you to your Earth: It can be done.

Thank you for listening. We will wake your centers now so that you can complete your dreams and your visions from the heart to the highest chakra and move as gods on earth. Behold the light.

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Wonderful Opulence!

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Summary

Supply is unconditional, not contingent on anything at all. It is ever present, abundant flowing energy of love and light *and it wants to express as your life and as opulence.* It has no limitation. God is in the moment; not in the future. I am experiencing right now God's opulence. Right here.

And remember I AM is the Creative Spirit. It is the power *now*, not in the future is it? How can you put I AM in the future? It doesn't work. I AM is here now, isn't it? And it does collapse the false, the density. The presence of God is always here now.

Do you know what will happen when you have groups connected together all accepting this consciousness of

opulence and registering it as awareness? It will anchor as the vibrating Kingdom of God. You will have a new system on planet Earth *of abundant life.* Jesus introduced this system, didn't he? But most human beings didn't get it.

God desires to express as opulence, as beauty through every leaf and tree and you. There is no duality in this truth. No argument in consciousness. I just AM. And I AM beautiful to behold!

Practice!

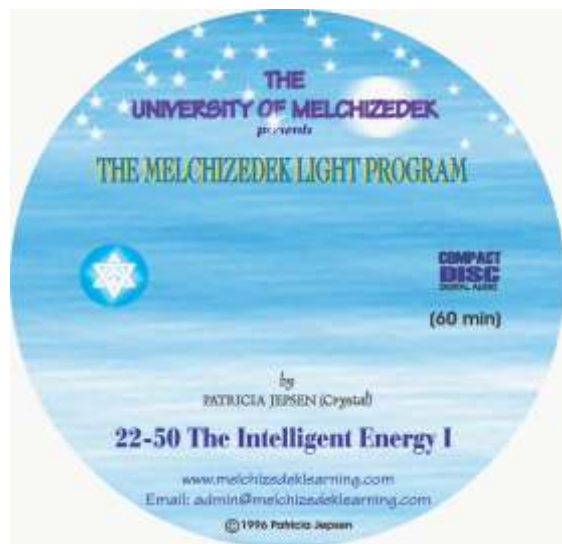
See God as abundant life expressing in you and through you blessing all with His Presence. His abundant nature

fills the room you are in, you feel it, you know it. God's abundant supply is everywhere. It is opulent and vibrant.

Consciously accept the opulent Spirit that is God's nature in and through you and say yes! Praise and celebrate the whole, abundant nature of God.

Choose. Choose to be one with the Creative Spirit, the Mind of God.

Affirm: Where God is I AM. And celebrate God *in expression now.* Be fruitful and multiply.



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