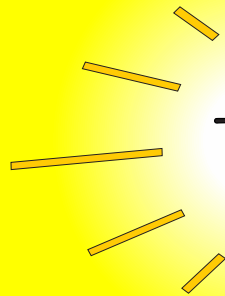


VOLUME XVI ISSUE #1 JANUARY - MARCH 2023



*Community of Light*  
**NEWSLETTER**

(A Publication of The University of Melchizedek)



# **The Christ Body**

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# Living in Oneness

Excerpted from the *College of New Learning* Booklet, number Twenty-eight, "Building the City"

The Christ Body is the GOVERNMENT as the Christ Kingdom. It is the oneness of all life. It is illumination into the Christ thought. When you are in the Christ Body you are governed by Me, the Divine Logos. Moment by moment we walk in peace and love, knowing that as we walk, others will follow. When you set up such an energy path, it gains momentum and moves people.

This new dimension is a blending with all the kingdoms, which is infinite love in action or compassion. And there is correspondence with all nature. We no longer see nature as a division but as one. We *correspond* with all life through the Higher Self. We openly respect nature in its purified state and we never take advantage of it. We work together with the environment and with all life. *This is the new consciousness.* We learn to communicate with the angels and we serve with them for the

good of earth and her resurrection into Me.

What a joy it is to prosper you in Me! I do not limit Myself in you. Nor should you limit yourself in Me. I have no poverty in My system. Experience Me in expression. Enjoy Me, and loose Me into creation now as your I AM.

Breathe in the Mother's love for all creation. Let this Mother express as abundance in your life. Enjoy your life more. You are in life to enjoy. Feel the full rhythm of Me. Celebrate. Hear the music of the spheres. Dance with the angels. Sing of My life in you. Enjoy Me more. That is an order. I AM prospering you in Me. Dance, paint, write poetry! Lift your hearts in perfect song. Gather together in love - a joyous celebration. Give forth My joy. I want not a tear on your face. Let your joy pour through you, for you are announcing a new kingdom on earth. I have come!

What you are going to do, as the collective consciousness of the Body of Christ, is to create a vibratory track that cannot be ignored. It is going to be so strong and so responsive to the natural call of God that it must awaken all life on earth. This is the job of the fruit of My womb. You are My Israel. I send you forth to them as My Word. The Word is the perfect position of My Consciousness in you. It is the vibratory track or the *sound* of My Being. It is the movement of My Consciousness in you, the foursquare foundation, the gospel of Truth. You ask, What is the foursquare foundation? Love, Law, Light, Life. It is God.

The World Mother is Consciousness of Divine Love that expands into creation. You foster your own creation through your heart. As the energy rises, you give it birth. Sensitive to the desires of the Father, you give birth within yourself. It is the One. Go with it. Sail the river. Let the winds of Spirit move your sails. Be free flowing in your being. It is the resistance that causes blockage. (Any form of disease is related to this.) Open and receive.

You are being cleansed of all clutter in your being. You are being transported into new realms. Your allegiance belongs to Me, not to the world. Open and receive. Enjoy yourselves for there is nothing to fear in Me. And let the Divine Breath move through your system. It is love. It cleanses. It is sacred power. It releases. It forgives.

Enjoy Me in you. It is critical you do not work with the world but you work with Me, the risen Christ within you. Let the trappings of the old world fall away. I AM announcing the New Kingdom on earth.

Remember the Breath. Remember the Mother's Breath. Breathe the Breath of Life into your lungs, into your whole body. Come alive in Me! Be attentive to and conscious of the Breath. It is your supply. Take your mind off the blockage.

*continued on page 5*

## CONTENTS

### Page

- 2. Living in Oneness
- 3. The Light Body
- 4. Body Change
- 6. The Dance of the All in the One
- 7. The Word of the Omnipresent Master
- 8. Mirror, Mirror on the Wall

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# *The Light Body and the New Dimension*

Excerpted from the *College of New Learning* Booklet, number Twenty-eight, "Building the City"

Let us talk about the Light Body, the actual physical, material change that we are all going through!

The Light Body is the Christ Consciousness Body, the overlapping body of Truth, the body that Jesus brought to Earth as His own. It is the Consciousness body of reality. It knows no separation. It is a new dimensional body. It is immediate.

Your physical body, the body you have known as your body, is undergoing changes. It is developing receptivity to the incoming light. Layers upon layers are falling away, revealing a less dense body, *a body of light*. How rapidly you are changing depends on your consciousness and your ability to receive the light and make it yours.

***And I, when I am lifted up from the earth, will draw every man to me.***  
(John 12:32, George M. Lamsa Translation)

I first became aware of this body of light when I underwent a frequency change called "translation." It was an inner experience that created an abrupt physical change. My diet changed, even my voice changed. I joined God in a new dimension and I knew that we were one. The Presence pervaded every cell and molecule of my body. It was the glorifying of the flesh.

Several years ago I received a strong message that I was to "teach" concerning the body of light...that I was to talk about it and urge people to accept that body as their own. The stabilizing essence of my message was that the body of light is freely given to those who are conscious of the Lord and who are willing to be one with Christ. I was impressed with the words that this body (of light) was "freely given," that it was important that we *accept* and become

*aware* of it, so that it could be part of our living experience.

Now the reason that this body is important is that we are entering a new dimension where we speak the Word in union with God as the GodSelf; we command. The creative energy rises in perfect pitch with the Voice, as a dynamic and powerful force. It carries the Will of the Creator or the intent of the solar alignment. Therefore, the intense heat and radiation of this new life fire (Universal Life Energy) demands a body that vibrates in synchronization with the soul intent and I AM presence. This is the body of light, the carrier of the Holy Spirit. This is why you are prepared for the emergence of the sun and the great light of your solar being. Pay attention to the guidance you receive.

This Light Body is the armor of light; it is the spiritual energy body. It is the transparency of Truth. This body becomes anchored and strong. You are energy in this body - vibrating pure energy - and you feel the strength surging through your body. It is the creative level of existence. Such a body belongs to Fire. In the body of light, you have command and dominion in all regions and all spheres. You don't have to be worried about being "grounded" in this body, because you *are* grounded. You feel it. You know it. You, because of the spiritual energy and the light that you are, can travel as Consciousness in the Spirit.

So, the body is changing its texture. It is becoming Light. It is very important for you to remember what I tell you because the changes are coming very quickly. Earth, herself, is becoming a radiant sun, a beautiful body of light.

The Body of Light is the unfoldment - and here is the key - you become what you truly are.

The momentum has increased on this planet due to the conscious realization of the great teachers and prophets. Now we are in an impending explosion of conscious unity, and the mass realization of the One.

When you become consciously aware of Truth, it affects your whole household. Consciousness waves are released that move to touch and glorify those near and around you. The vibration is electric and it can motivate soul awakening. Those affected don't know why they feel better, lighter! So, it was in Jesus' time.

The Master knew the Truth of Being; He was one with God and He spoke as the living Word. He was not separate from His GodSelf. He lifted Earth by His consciousness and by the act of forgiveness. He redeemed man because the Master saw through the appearance into the Christ center. As He walked through death declaring, "It is nothing," He translated death to Life and set the momentum for this planet. Thus began the abolition of the death program on earth. He created a vibratory charge at that time that stimulated the atomic structure of our Earth. We are in the last stages of this increased momentum. It could be tonight when we hit that quantum shift, the paradigm shift, and we find ourselves part of a new heaven and a new earth. This is an act of consciousness.

*continued on page 7*



# The Body Change

THE UNIVERSITY PAPER, VOL. 6, NO. 1

The Light now penetrates your body and your Creative Center is emerging as the golden light body. The world is no longer in charge of your physical appearance. Christ Consciousness rules and this awareness produces the new body. The I AM Consciousness is the Consciousness of Christ; It will fulfill its mission as the Creator emerged.

The picture that you have created out of belief in the world - be it your present body form or your present life experience - gradually disappears. In its place, the Christ body of immortality, carrying the Divine Presence, is objectifying. It is time. *We have come together in a new way*, saith the Lord.

The Creator file is open and the Solar Son Consciousness will vibrate through your cells and cause frequency changes in your body. Creative circuits are being extended through you as you read this. Be assured your way of life is coming to an end and the real, true life reflecting the oneness of your consciousness in God (Christ Truth) is being revealed.

As the curtain rises, many will be glorified and many will be forgiven. Harmony will be restored to Earth and her body. All will return home by the mandate of the Creator, who is the Creator Son and Universe Father.

With the release of the flesh to the Creative Power (Holy Spirit), the new body can be fed with light; the resurrected body leaves this worldly plane of density and separation and returns to the original blueprint and code of Melchizedek. Operate like Light now. You are the Light.

## What Happens When

The University of Melchizedek has

presented much in the way of preparation in order to ready your consciousness for this transformation. The body *will* become light.

You are *in the process* now. You may be experiencing resistances in your body - aches and pains and discomfort caused by the resistance of the physical body code to the new body energy field. However, if you have surrendered and *accepted* the new life already, your body code has already altered and the path of light will be one of joy and celebration as you welcome in the new field.

Your alignment through the University and Order of Melchizedek has been that of the Christ Within. You have learned or remembered your original code of Melchizedek and have no difficulty in accepting it through your system. The ego or personal sense must be released so that the Higher Mind and Creative Circuit of God's Will can vibrate as I AM Positive, the Christ Consciousness in you.

You are one with God in Truth. You are the *intended*. Yet you are here on Earth to consciously realize this and to vibrate the I AM presence as your Self.

Even as the Identity circuit (Christ blueprint) is open to you, so must your awareness form of Itself a brilliant new body. This body, then, can take physical form and become adapted to the circuitry of the planet and the physical laws of planetary life and expression. You must now come to your post. It is time to live in your Christ dimension as the I AM circuit is extended to you and death is no more.

Just as Mother Earth, Gaia, is changing her body and rising into a whole new

field of Christed power and Light, so are you to rise also into a new body. *The changes come rapidly now. My Spirit is upon the land.*

## Specific Directions

Once you have accepted your true Self - the Christ Light and Life within you - as your original identity and have released the fear-based ego, your new Self or original blueprint (after the Order of Melchizedek) must produce a body form as a walking energy field of the Christ Within.

Thus, if you have been actively aligning with the Christ Within, you will have no difficulty in this transition. *Keep your eye single and your body will be filled with light.*

Keep your focus on the Christ Son (Sun) within your Heart Chakra. That is your identity circuit. Let It tell you about Itself and Its great oneness with all life. Remain positive in this center and rely on God as your Source for all and everything. Remember the Law of abundance: Father-Mother God gives to the Son-Daughter. *Once you claim and experience that Son center within you, you activate that Law.* Do not look to the world for your supply but rather receive and accept your divine inheritance. *I and the Father are one* is the Christ Code of Melchizedek. That is your code of Be-ing or expression as you live in Me and I in you as the Sun.

Once you are stabilized in this electrical field of God in you as I

*continued on page 5*

# The Body Change

AM, the world as it has seemed will disappear. Your point of awareness will be with Me as the Solar Son (Sun) emerged.

## The Christ Body Emergence

Just as you have aligned and continue to align with your Christ identification through the Heart Chakra, please visualize now the *projection* of the Christ body (“the Image and Likeness”) as a body of form replacing what you now experience as your dense, material body. Remember that if you are to remain with the resurrected Earth serving as an immortal, you will have to make the transition from the dense form to the newly created body of the solar dimension: *the Christed body*.

Be conscious of your Guardian Angel and the way will be shown. You are the example of *Living Light* on this planet Earth. You have come to shake off the dense tube of the present earth body and to reassimilate the Light Intelligence that is yours in the living Christ identity frequency.

Be aware of your Higher Self as It is entering your system and realizing Itself on earth. Keep the focus on the Christ within. You are that one. You complete yourself in that light and you honor the Father-Mother through this transition and your acceptance of His-Her divine plan as “I AM.”

Leave the world and accept within yourself the Presence of the Kingdom, the I AM Consciousness after the Order of Melchizedek.

## Living as Light: the Paradigm Shift

Let your consciousness realize itself in the new body. This is a vehicle for the Christ projection. It is equipped to ascend and descend at will, to vibrate the Creative Power (the Creative Daughter) and to receive the Father-Mother God as given

*continued from page 2*  
through the Christ dimension.

Please be aware of this: your present material body is programmed out of your consciousness as you claim your Christ body. Thus, attention should be on the emerging, out-picturing Christ body as your body. When suggestion comes concerning your physical body, its appearance, health, etc., realign your consciousness swiftly to that of your emerging body of light or Christ body. *You must take your place in that body to establish it as your own.* The lighter you become, the less you will feel identified with or attached to a third dimensional body. Your Inner Voice will be giving you instructions as to how to cooperate with the body change and to stabilize from this point on. Keep yourself alert and aware!

### Practice This:

- Be still. Focus on your Heart Center (chakra).
- Receive the Christ Within as God conscious of Him-Herself in you. Be totally conscious of this and experience the overwhelming joy that comes from your acceptance of this place of union.
- Actively and permanently let go of the false world and the lower, ego-based self. Realize that your Heart Center, where you are experiencing the presence of God as your Christ Within, is the Kingdom of God. You live here now and your heart is expanding with this thought.
- Overwhelming joy fills you as you return home to the Creator’s position in you as I AM, as it was in the beginning.
- Acknowledging the Christ Within as your true identity, your place in the Divine Plan or Son, let the Christ Within embody as your nature, as your Self and as your material body. See

this happening. Be consciously present in this emergence as every cell opens to receive the new dispensation. You are the Christ! Reseeded on Earth!

Let this exercise be with you throughout your day. It will come naturally to practice it and to reaffirm this process of Christ emerging.

Listen to the words within that direct you in all ways. *I have come.*

Blessings of the Light, *Crystal*

## Living in Oneness

*continued from page 2*

Have me instead. The Divine Mother feeds you. The Divine Mother is the Breath.

Take your mind off the problem. Take your mind off the blockage. Take your mind off the situation and draw on Me. I AM the revelation in your heart that wants to be known. Take your mind off whatever is surfacing in the cleansing. Be conscious of the Breath, the Holy Spirit, and breathe. Breathe away the condition. It will dissolve of itself. The unclean situation will disappear in the natural forgiveness of the Mother's love for all creation. Be on the Divine Breath of God and weep no more. You are coming home to Me.

The Coming of the Lord is a universal consciousness, which is sweeping this earth and beyond.

# The Dance of the All in the One

Excerpted from University Papers, no. 168, "The Power of the Now"

## The Dance of the All in the One and the One in the All

When you learn to exercise detachment and the discipline of surrender into the God Presence, you are no longer a prisoner of form. The secrets of time and space are open to you. You are free to roam the universe in the Christ body.

In the now, with the Omnipresence as the core and energy point of your soul rhythm, the Omnipresence as the now uses your awareness, consciousness, mind and heart to radiate forth as I AM. If you cling to the ego as your identity circuit, there can be no room for the I AM Consciousness. "Go empty to be filled" with the living water of Spirit. Lose yourself to find your Self, the Supreme One on planet Earth here and *now*.

Young souls on the path will bring the illusionary self into their spiritual identity and revelations. They have twin flames that they have created within themselves to keep them company even as detachment calls out "let go"! They, in their innocence, take credit for what appears to them as spiritual works such as healings, messages from the "masters" or spiritual teachings. *They know not who I AM*. The surrendered being will kneel at the feet of the One and release the false identity into the Christ Light.

In the emptiness of Be-ing, I AM can fill you with the Christ presence, the Sun (radiance) of God. In that moment of fulfillment, the Word is incarnate - the Living Word. No contact is made with the ego. There is no self in this alignment. There is only One and that One is the Son, the Christ Self!

From and as the Oneness of All Be-ing, you as the light of the Oneness can produce the Oneness as form complete. When this happens, you as the Light may experience the joy of the creation. But always remember that you are not that form. You are the Light of the Oneness and must return to the Oneness to live, breathe and realize the I AM. When we get caught through our attachments and fantasies in the form, we lose the reality. We become prisoners of form and subject to dis-ease and death. Jesus gave us the law for this dilemma: *Lose your life to find it*. The consciousness must surrender to the GodSelf, the Light within or Oneness.

How is it possible to enjoy creation and all its forms and not become attached?

You must continually refocus your attention into the Christ Self and the I AM. As you focus on the Christ within, release your present identification with your human experience, all of

it. Let go into the God Center or Christ Center in the Heart. Retain nothing...no relationships, religious programming. All must go into the Light. Give permission for the Christ within to express. In this alignment, there will be a moment of nothingness where you are empty to be filled. Then you will be in the now again experiencing the pure freedom of Being. In Being, the I AM is released as form. But your consciousness is with Being and you are the Creator and the Created...Christian and Buddhist... You are the presence of all life in abundance, in harmony of expression, in Love. This Christ dimension will fill you and fulfill you.

Enjoy the Creative Power within you as the divine dance of Life intended. Realize that you are one with the One and you are one with all life as the Creator and the Created.

Stay vitally alive in the Center where you can be clothed with light. Be powerful in the now, for now is everything and it is I AM.

## BODY OF CHRIST, A NEW DIMENSION (CD format)

The vibrating Christ Dimension interlocks with earth as a governing force of pure love and dynamic authority. 60 min.



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# ***The Light Body and the New Dimension***

*continued from page 3*

**Question:** Is the shift compared with a transformation of the individual, or is it for the whole world?

**Answer:** THERE ARE ENOUGH TRANSFORMATIONS TO MAKE THE SHIFT! (As I said this, I saw in the Spirit that the new Christ paradigm had begun!)

**Question:** But what about those many things happening which are destructive, putting people down, as our woods dying or pornography or whatever. What about these things?

**Answer:** Just before a quantum leap, like the last gasp of the dying dragon, everything seems to get worse. Yet, we see a beautiful phenomenon. We see environmental movements covering the land; we see the Green Party here. We see peace movements. These are channels through which the spiritual energy is moving. These movements are increasing; they are becoming stronger and stronger and are gaining momentum. Films like *Gandhi* teach nonviolence, and the power of love. All over earth, people are becoming empowered by love. A momentous lurch is taking place where the increase in vibration seems to come from everywhere at once.

I am frequently reminded of when Jesus turned over the tables of the moneychangers. He restored balance in the Temple. Is that not happening now?

The word “networking” is becoming a very familiar word. The network is really the Christ Body, the divine oneness of our life.

**Question:** Won't there be a new form of nature, of trees and plants?

**Answer:** That's right. It is happening now. There is quite a transformation. We have an angelic kingdom that is also being affected by this change. The creative power is causing changes in that kingdom as well as with all others on our planet. Nature stirs with a new body, a new life. She shares your anticipation. In the invisible worlds, circuits of creation reveal angels of many different orders and frequencies. They are part of the whole creative process and are governed by the Christ Center within you. So, you see, this consciousness shift is heralding a complete change for all kingdoms from the tiniest to the largest, animals, plants, all life. The dying of nature could be a reabsorption into the substance to release the higher forms; even as our body is changing and regrouping itself, so is the body of nature.

As we go through this paradigm shift, we are going into a new consciousness, a whole new thought idea of who we are. We will be interlaced together. We will be much more at one with each other. Our relationships will move closer together, instead of further away. The individuality will remain, but with the Creator Voice in tune with the Cosmos, we will dare to light the body! We will be as circles spiraling together in the oneness of all life. It is a dramatic shift. The creative power rises very quickly to reveal it. It is a quantum leap into a new creation.

**Question:** What about kundalini; how does that affect us?

**Answer:** As you focus on your Christ Self, it will automatically rise. You

*continued on page 8*

# ***The Word of the Omnipresent Master***

Excerpted from University Papers, no. 164, “The Truth About Jesus”

Why did Jesus allow the Crucifixion?

I entered Earth as a human being.

I wanted to raise humanity through my sacrifice.

And I resisted the temptation of using my Power.

If I had applied my Power, I would have prevented your ascension.

What I came to do, I did. But I wanted to do more.

I made Man holy through my life. Through my surrender to God, I released powerful forces (emanations of my own Being) that are now actively engaged in a mass surrender and ascension.

All humanity is in the process of being lifted through me.

The force of my ascension is actively engaged on earth and is lifting all humanity out of death into life as one Body, as the Son.

Say now with deliberation: *THE BODY OF CHRIST*.

This moves all creation into higher spheres. These words are the liberating factor and key to ascension in the field of Father-Mother God.

## ***Mirror, Mirror on the Wall...***

Practice the mirror exercise. It goes like this:

(You may find this exercise works better for you if you are in your bathroom and have a candle lit.)

- **Walk over to the nearest mirror. Stand in front of it.**
- **Never mind how you look. Don't touch your hair.**
- **See beyond the appearance in the mirror to the Christ within your heart.**
- **The Image and Likeness of the Divine wants to reflect back to you. I AM!**
- **The ageless, glowing, miraculous body of light is your body right now.**
- **How is this possible?**
- **Underlining all that we have created as human beings - the misinterpretation of Truth - is the fervent fire of Be-ing, the Life Force we are.**
- **Looking at your image in the mirror, focus on your heart. Allow, while focusing on the heart center, the true energy field that is your body to appear in the mirror. *Permit the Divine Being you are to reflect back to you as you continue to focus on your heart. I AM!***
- **Now give permission for your Christ within, the Christ chakra or heart center to objectify as your body.**
- **Behold, I AM!**

Excerpted from *Transformation!* © 2007 by Patricia Jepsen

*continued from page 7*

cannot stop it. It may rise as a spiritual base, and then simmer down until you mature, learn, and gain your footing. You are then taught to understand it and live with it. You must never abuse it because it is creative power.

The Inner Voice is very important because as you speak on its wave, direct manifestation can occur. It carries the command to create.

What you consciously realize within yourself releases energy that transforms your body and your life. You control your environment by your conscious awareness. You create a world of happiness by your own vibratory feeling. Radiate out now the vibrant Light Body you are. Be happy about it. Wear it well.