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*Community of Light*  
**NEWSLETTER**

(A Publication of The University of Melchizedek)



**I  
AM**

*That*

**I  
AM**

*The Father Within*

# The Be-ing You Are

SOLAR NEWS Volume 4, Number 54

This month of September 2004 is the time of graduation and the opportunity for those who have the stamina to accept the original creation as their own inner Self, the Self that is contained in God's Will and the Christ Emergence. To understand this statement let us go back to the Creator's program of divine Life, the Solar frequency of the I AM Presence as the living Son on Earth. To stabilize this Presence, you have come. And it is in this time of vigilance that the Christ Self will emerge through those who accept and agree with the Creator's plan of divine Sonship.

You are the divine Self of God. There is no actual separation in the plan of God. You and God are one in action. What God has called upon you to do in this hour is to let go of the present world of attachments and relationships and to reach deeply into

your heart stream. Jesus' original call to his disciples two thousand years ago is reflected back to you now as he calls again to let go of your nets and follow him. This ancient call is now heard by those who willingly release the old paradigm of the world and claim back the original vision of the Solar Son or glorious creation I AM.

*These are My words to you. Empty your pockets. Deliberately give yourself into the Light. Do not hesitate to face your inner Be-ing. Know who you are! For in this time of Immaculate Conception three things I tell you:*

- ★ Test your spirits. There are many afoot who are not of Me. They are not of the Christ Light, nor are they surrendered into My Be-ing. They are rhythmically opposed to My Father's dream and the Consciousness of the I AM.
- ★ Beware of false prophets. They come as many with prophecies of darkness and decay. I come with Light. Knowing this, wait for My word which is heavenly. The souls know My Voice. They know My way.
- ★ Enter into thanksgiving wherever you are. Be grateful that you have been called to the original plan of Christ in Man. No one is the exception to this. We are One.

of light consciously and do not hesitate to call on Me, for I have come that you might be lifted - not by human effort but by Grace. I have come that you might know the world in you as the Son. Now, enter into Grace with Me.

## A Mighty Month

The heavens have opened and the word to replenish the Earth with light has been decreed. Many angels come. By divine order, this Earth planet is being immersed with light. Great ones within the Spiritual Hierarchy are focussed on your heart chakra and the living Light that rests within your heart as your sacred Christ.

Great pressure of Light and intensity of Will are being focussed upon the individuals, the souls, who have volunteered to lead the way into the Fifth Dimension. Those who have volunteered for this assignment must open now consciously to their inner Be-ing, the Christ. You must know that you have never been born, nor will you die. You are the Creator's magnificent Christ Son, the reflection of God on earth. You are the GodSelf and living light. (As I write this it is September 15<sup>th</sup>, the middle of this most important month.) Be who you are! Let go of the false world and remember the reality of your true self.

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Though there is much darkness in the appearance, there is much light in the Truth. Enter the world

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# The Being You Are

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The curtain has been parted. You can see...you can feel the Christ within as your true Self. You have only to release the past.

You can leave the past coils of karma and return unburdened to your Light within. Just accept the Father-Mother God's original creation in you as you. In doing this you will please all the Universe and you will be filled with light. This is a mighty month.

"All who can stand with Me, Come," is the Call. In your Christ identity, the full authority of God is with you. You join with others in the heavens and on earth to raise this planet to a sacred Sun. Take your rightful place now and greet the Earth with power and a Christ love that is the purpose of your incarnation.

The Father-Mother calls you into your Christ identity as the Son of God Consciousness so that all may be opened and ascended. Not many days are left to claim your Christ within as your true Self. Accept the Father's Vision for you. The power of your acceptance can change your world entirely and give you dominion over heaven and earth.

## Two Worlds

There are two systems — two strains or orders — of creation on this planet. The two orders are (1) survivalists and (2) the Christ Seed. This is not a message of division but of clarification.

Sananda is the ascension beam for the Christ Seed. He is searching

(vibrationally) for those who are carrying the Christ Seed, so that He can reawaken them and draw them together as *one body of Light*. This is the emergence of the Christ field. (What is occurring this September relates to this Christ field and its dimensional shift.)

Yet, Sananda<sup>1</sup> plays another part. As Supreme Commander, He is also the primary circuit through which all will pass into the Fifth Dimension. His presence alone is creating a lifting vibration, much like a chariot of light, by which all are touched and transported to New Life.

The importance of the Christ body — those awakened ones who are realized as God's Son (Suns) on Earth — is that they will, by their awakening, cause further awakenings. They will awaken others by their positive alignment to the original creation! They create a force Supreme.

Your Consciousness is the Son, and the Son is the Christ in you. There is but one Son in Truth and that Son is I AM, God's world of Creative Power where hunger is no more.

There is one Will and the movement of that Will, determined to find Its Son expression, has been activated (awakened) on this planet. Are

you a survivalist or one of the Christ Seed? Open your heart to the Kingdom of God and a giving Father who seeks to express His abundant life through you, and who will through you, His Christ Seed, bring heaven to earth. *There shall be no poor in Me.*

*You have come to be the Christ in you. Let go and Be. The former life will pass away and the Light that shines within shall beautify this earth and heal My creation. For I AM you. Sons of God arise!*

**—Instruction— (The Solar News Vol.6 No.26)**

**Begin to pull together those of like mind and heart to build the Star Communities. These communities will set the Vibration for the New World Order. The Consciousness of the Twin Flames is imperative as you build in the light of Original Creation.**

**We are looking at communities — SOLAR CELLS — for those who will remain on Earth as etheric beings wearing the Light Body.**

<sup>1</sup> Sananda is the ascended name (or nature) of Jesus.

# FEAR NOT, IT IS I

MASTER'S PAPERS Number 12

Watching television, reading fiction, listening to the latest news - be alert as to how you are reacting, interacting. Do you find that you actively enter the story, the scene? If so, I would suggest that you not turn the television off, or walk out of the movie or even walk off the job! Instead, here is your opportunity to GAIN CONTROL OVER WHAT YOU SEE AND HEAR. Rise above what you are seeing, hearing, reading. Say to yourself: I will not enter into this emotionally, nor will I believe in it. What I see has no power. It is only a story. A nothingness. This exercise - for that is what it is - can be played out as you watch a delightful love story, a spy drama or hear the great news that U.S. oil prices have dropped! It is all the same - It is nothing.

What is valid and true, what is real and the only power, is THE PRESENCE OF GOD in your life, active in your recognition of reality. RIGHT NOW. That Presence is the World Savior, the light that shall never be put out. That consciousness is your leverage, your happiness, your joy. And THAT is the place of the indwelling Christ.

With God in your consciousness, as your consciousness, there is nothing large or small that has power in your life. You must know that God as your consciousness decrees there is only one and I AM That. There is the flow of your natural reality. The consciousness of the Christ.

Thus the things of this world can be viewed without fear, without desire, and without concern. FOR THERE IS ONLY ONE. What you see is a story -- not real. The presence of God is the only reality there is. Everything else is NOTHING. God IS and there is

nothing else but God. That is the plane of Divine Intelligence, the plane of Truth.

For I and My Father are one and in this perception you will join with the Father to proclaim: "My world is not your world." I am free!

Of course there are times when it is advisable not to watch television, read the newspaper or even enter the marketplace. This is true particularly when the student first steps on the path of divine illumination. Quiet is needed. Focussed attention on spiritual studies. Meditation and contemplation without diversion. Disciplines to curtail the temptations of the flesh. But even as there are times for quiet and withdrawal, so there comes a time when the spiritual student must learn to look illusion in the face and see only Truth and oneness.

Very frequently students will fear "the power" of the television, of the world. If you are not watching television, reading the current best seller, playing the game of cards, dating, eating the ice cream cone, because you are afraid of yourself, how you will react and be tempted, then perhaps it is time for you to see through the appearance. LOOK NOT AT EVIL BUT AT GOOD. As long as you are afraid of the world - which in truth is nothingness - you will be captive of it.

The Master Jesus has counseled us to be in the world but not of it. That is the lesson. And until we can give all power to God and walk through the world without

hindrance or fear, we have not learned our lesson well.

(That is why - for **some of you** - **I have encouraged you to travel with me to** places of unrest, seeming present **danger and international conflict**. Places such as Israel and the Occupied Territories (Palestine). Those journeys into distressed parts of the globe were as exercises in Oneness, a given opportunity to practice and live the teachings. Many of you, I know, learned a great deal.)

Begin at home. Turn on your television and settle down to watch a situation comedy or drama. As you watch the program, keep an eye on yourself, your response to the program. Oops! Have you slipped into the story? Have you lost yourself in what you are viewing? What are your emotions telling you? In other words WHERE ARE YOU?

Now turn on the news, radio or TV. Are you taking sides? Do you totally believe what the newscaster is telling you? Showing you? Pull out - Don't turn the television off yet - Pull out of the picture, the illusion, and come back Home to Me. Can you feel Me and see the picture too? Can you acknowledge the Oneness, the presence of God, the allness of Being?

Look at the picture again,

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# FEAR NOT, IT IS I

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listen. Where are you now? What are your emotions doing? Living through the story, the current news broadcast, or with Me?

As you watch the TV, the movie, or read the novel, are you seeing and witnessing with new eyes and renewed vision? Is God on the field?

## A WORD ABOUT FEAR

Confront the fears you have. Walk through them. Is fear dictating to you? How conscious are you of your fears?

If you walk away from your fears, bury them, or let them dictate to you, you will never reach in your consciousness the Christ level of Being. You must walk with Christ.

Every fear you have will be raised up and personified until you believe in Me.

Initiation moves you through fear into light. The Christ initiation is removal of all fear from your system AS YOU BELIEVE.

Do not be foolish and let fear dictate to you. Now is the hour, my hour in Christ, to see through my fears and know the nothingness of them. I must trust God more and the devil less. Until I no longer give power to anyone or anything save the Lord, the Light, the Being. Rise to this thought.

Blessed are they who come Home, that I might Be. The Son of God emerged.

Listen to the Truth within and walk in that light. There is no other way in Christ.

Blessed Be.  
Crystal

# Living from the Core

SOLAR NEWS Volume 4, Number 51

Earth people, you are moving into a solar dimension and you will understand far more about your solar system, as well as your family of planets and their inhabitants. Government to you seems now to be only related to your country, your national boundaries. But all that is about to change. Your country will become your consciousness of unity and oneness with all life, which will include the Earth and her neighbors in other planetary systems.

Earth inhabitants will briefly sense the planet as a field of government. Every planet has such a field. That conscious relationship and pride will last for a short time only. I speak of pride in Earth citizenship and the family of man on the planet. Many of you have already accepted God's creation as your family and have agreed to practice harmlessness with all who abide with you in the circle of life. You cannot live in the new dimension if you have not consciously accepted all life as sacred and in oneness with your conscious expression. Earth citizens must all live in partnership to rise into the full Creator potential of the New World of Light.

Although this realization of oneness with planet Earth and her inhabitants may seem a great leap for you to even consider now, it is barely a baby step into the Cosmos' stream of Intelligence and Christ presence.

Ego (little self) will become

*'It is a different degree of the sun. When consciousness rises, all things come together in oneness.'*

swallowed up by the Solar Son who covers the Earth with His embodiment and raises her in His solar stream of Consciousness. Be conscious of the rays of the sun as it joins with the Master Teacher and blesses all who align with the holy Christ Center of the heart. Be not fearful of this sun, nor cover your head. Let the Christ radiance bless you and be aware - FEEL - the healing Presence of the Son on your body and mind. Be conscious of the Solar Ray functioning now through your blazing sun and thank God for your blessing.<sup>1</sup>

Realize you are in a New World and that which was is no longer valid. It is the Creator who shines from the sun and it is His rays that purify the body and mind.

I have raised you up that I might begin my walk through you. Each footstep placed upon the ground will bless Mother earth.

Thus, when the sun shines, welcome it. Be prepared for each new day and the revelation for that day. See the connection now between the Master Son, the shining sun on Earth and your heart chakra because all are one. Ponder on this.

—Crystal

Try now to understand the Creator's position as the Sun/Son in your heart.

# ***I, Sananda, Speak***

THE SPECIALS Volume 5, Number 29

## **I, Sananda, Speak**

I AM ready to resolve the differences between your people. Nothing is worth arguing about. I AM pure Thought. I AM the Way, the Truth, and the Life. Why do you not follow Me?

I caution you always to rise into Higher Consciousness where I AM and to raise *all* life with you. Even as I have done, so should you do now.

I AM not alone. There are many who stand with Me in My fight against evil on this planet.

A great wave is flowing into this Earth. It is time. Let those who want to know *now know*. I AM raising up those who can permit the Whole Vibration of Sunship to fill and fulfill them.

You, My people of the Sun, are to move quickly when I speak. *Discern My Voice* and seek that Voice only, for it is the Father within. Have I not declared as Jesus of Nazareth, "I and My Father are one"? Then let it be. Let this Consciousness stand and be ignited in you as worlds of light come.

Be ever vigilant and without shame and you are the same.

Correct your attitude. Shake off the negativity that would cling. Remain solar conscious. I *have* come. My liberty dwells in you.

Have dinner with Me. Sit with Me. We know what that means, do we not?

Permit Me to say this, every

revelation carries My fire with it and My Father denies Me not. Therefore *you* stand in your revelation — expectant — and without doubt. Tend to your own fire. No mortal casting should be about you. You are mortal no longer. I have decreed this from the beginning and will now set this into stone. May the power of My Word be fixed in your consciousness and so give you breath to breathe the light. Passage into the New World begins. I take you through as Love and Light. So in this way do you become as God in Man. Let your spirit soar!

Let not the new energy of My entrance (you wear My cloth) disturb you in any way. For I say this, every enemy in the camp shall be uprooted by My wave of Light and discarded. Have I not said this before to you? Let this be known.

If you are victim of another's thought, be released and know that I AM with you as Divine Thought. I want you in the Mind of God, not in the mindlessness of illusion. Forgive and forget, and let go.

So give no thought for what you should eat or what you should drink. The Love I have fulfills.

Be ever vigilant. WATCH YOUR WORDS. You are My command post.

And a Host shall be with you, My Mighty Council. Let this be. So that I AM ready to descend as MASTER of the planet Earth,

realizing *with you* My new song of Love and Light.

All is *not* well lest you be in Me — present and alive — realizing I AM THAT I AM.

Go fast to your position — I have given you a post in Me — and camp there. Have I not said, You are not alone? Then, take up your place in Me. No day is greater than this one. It is the brightest day of all.

Go forth and tell them this - and know that I, Sananda, AM with you.

The form of a tent shall fall around you — and all shall go as I have intended.

Live now with your brothers and sisters in My Rapture of Perfect Being. Be not humbled by another. Have your humility *in your own spirit* and love the Christ within.

So let it be that I have spoken to you this morning and given unto you My Word.

Your Brother Sananda  
June 16, 2000  
—Crystal



# LISTEN TO MY VOICE

THE SPECIALS Volume 4, Number 34

8 PM November 22, 1998

World Mother Center, Tucson, Arizona

The inner voice carries My Spirit. And the sound of your voice in Me is creation.

When I speak in you, I AM and My voice will be heard. In the Priesthood of Melchizedek, *voices are of Me*. They intone My words. Learn to think with My thoughts, to speak with My voice, to join forces with Me in every way so that you might rhythmically proclaim the Order of Melchizedek.

There is misuse of sound; now correct that. Let the sound of My voice be heard. All things patterned in one way can be changed to another by *sound* and in this way do I change My universe and so clothe you in the new world.

The minute the sound of My voice proclaims itself, it is heard and all matter is subject to it.

In the sound of My voice, you alter frequencies, change the patterns of life now existing on this earth. Every particle, molecule, atom can return to the God Center *by the sound*.

As you listen to the sound of your own voice speaking My words, divine thinking, listen to the pattern of the sound. Keep in mind the positive and negative. The poles within must be in perfect harmony to speak the word of God as spiritual sound. This is the voice of a master revealing itself to you as you learn to speak to the particles and atoms, rearrange them, the molecular structure, by the sound of your voice, by the perfect agreement of the poles within as they play upon My creative power and

redistribute energy.

What have you done with My sound, oh My people? Bring it forth from the temple of God after the Order of Melchizedek. Sound makes of itself stones and bricks and mortar. Sound is God building and realizing perfect perfection in every particle of energy.

Seek My inner counsel. Look to Me as your heart-mind. Then speak My words through you as the God would speak them in perfect harmony as sound, and realize the force is met with agreement and delight as angels build with you a new world order of My Son.

Sacred sound is now your task, so be about the Father's business of vibrating out of yourself harmony, peace and joy in the God Center of your being. Keep the sound in perfect harmony with Me as it floats out of you to change the earth and heavens too.

Try now to be aware of the sound of your voice and the rhythm of your soul, as you contribute as an energy builder to the creation of a new circuit of energy that is of this order.

You must guard this energy, precious as it is, sacred as it is, and never speak one word lest it be of Me in the holy sounds of the Mother.

## Important Notes On Sound

- The ascended masters speak only in the coordinated sound of the Creator. That's what we

expect from you now.

- You can alter creation by the *sound* of your words.

- And if necessary you can dissolve the world entirely by the sound.

- No hiding behind hair ribbons and tricycles now.

- You emit solar energy that will heal the earth and golden spheres can be recreated by your voice.

- Stand in balance in harmony as two poles in One. Then let the creative power rise to meet the Word. Build of the light.

- Hear the Divine Voice of Being within you, and create out of yourself the light world *by your Voice*. Your Voice is the creative energy vocalized. God voices His-Her Will through your throat chakra (center). It is when you are in positive ascendance at one with My Will that My creation is formed.

- All the training before is in preparation for this. God's world is to be built by you. Take up the command post I have set you upon.

- Place My sound as you would seed the earth and know that that which is given will come forth.

Now I'm giving back to you what was taken from you. Guard it well. And know that these words are for initiates only. You are not bound, but free. My Spirit hovers to be known.

God created by sound. And so will you.

— Crystal