

VOLUME IV ISSUE #7 JULY 2011



Community of Light
NEWSLETTER

(A Publication of The University of Melchizedek)



Initiation

in to the

I AM

THE PROCESS OF INITIATION

A New Degree Of Awareness

Here you have the measurement of a new age: the Creative body rising into expression as "I AM." Now sanctify the female body - even as Jesus did. When man knows the actual purity of his female side, he will rise into My House of Light where God (I AM) resides in pureness of Be-ing.

I, Consciousness, decree a new life for you AND THAT LIFE IS BASED ON YOUR OWN HIGHER SELF. The Self that was called forth through the Master Jesus - summoned forth - as the given light of the world, the presence of God in you.

Now, as the great Christ Master draws closer to Earth you will feel His presence, His glory and His embodiment. But if you cling too tightly to your understanding of religion, you may miss His calling **into yourself.**

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**When the intellect is so
hardened,
there is no heart.**

**And now I speak of initiation
once more and the "coming of
the Lord."** There comes a point for each one when he or she must stand alone - stripped of all earthly dependencies.

It is then that the one tried must seek God **out of him/herself** fully and completely, depending on no one nor no thing, desiring nothing but that union. Full dependency must be on God. The Flame within the Child (Eternal Atom, Seed of original creation bestowed by Jesus and placed in the manger of the heart center) catches hold and

**You are to return to the place
where you care.**

**This stimulates the creative
process
and opens the heart.**

**The female body is not to be
neglected,
nor in any way contaminated
at this time.**

begins to grow. As it does, this Flame - weakened through eons -- rises with a thirst to Be. Original creation is at-large. With this Flame awakened in the heart, the companion Flames within all chakras begin to stir. This is the magnificent coming of the Lord.

And with the opening of the heart, the soul force rises. Rhythms now begin to change on earth, or in the earthly experience of the disciple. The faucets are turned on. Ultimate Power is yours in the

creative ability you have in Me. You walk in the Creator, *embody* that Principle.

Prior to that time, others have helped you, causing much of your karma to be dissolved. These "others" have appeared to you as your personal guides, your Guardian Angel and your teacher.

Do not put off this moment. It is worthy of your attention.

LOVE IN THE HEART

The master key to this initiation is to agree. You must agree with the harvest and *the expression* of love in your own heart center. That is the place you will go to find the love you seek. You must unlock the door of your heart.

It is necessary in this initiation to stop seeking after love, the *desire* to be loved. All doors will be shut if deemed necessary that you might find and enter the door of your heart. In the desire plane the human being looks for love in others, reaches out to find that love.

I repeat, all doors are definitely closed and sealed so as to stimulate the pole within the disciple. Male and female must come together within the self and declare the love of Being. Thus the union of the Self is indicated and this path will continue through many lifetimes until completed. **For I**

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UNIVERSITY ALIGNMENT: THE CONSCIOUSNESS THAT OPENS

Sometimes students say that they do not understand the University Records or "Papers." Or that some of the "truth teaching" is understood while other segments remain mystifying to them.

When the student is used to analyzing study-work, using "the left brain", the University can be challenging indeed! This is because this University is designed to open the Records in you!

As the University of Melchizedek draws its force-field from the Creator as Energy, the student must be ready to surrender into that immediate force field of Creative Energy and divine love. This is mandatory for you to understand any work of the University program.

Each segment of the "teaching" as released by the Order of Melchizedek is released through consciousness of that one who is functioning as the doorway or threshold for this program release. This enables the "Truth" as given to arrange itself in such a way as to be complementary to the planet and all inhabitants. Each time a portion of the University records are released, this release affects not only the planet as a whole but all who abide on it as inhabitants.

The Truth Papers or records remain in the etheric (invisible storehouse) until the facilitator of these records can release them into units of energy that in turn can embody as ideas, revelation and/or units of energy to affect the planet.

Please know that as you read The University Papers (as planned

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release for this time), or such lesson material as *The GodSelf*, you are assimilating - yes, you are being affected - by the vibration of these Records. Even if you do not understand what has been written, you will; because the energy *within* the words, paragraphs and pages will cause the brain cells to open. You have but to know this and wait on revelation. There is a direct revelation with each unit of truth that is given as lesson material.

Thus you study-read *knowing* that the Spirit of light will open you to the meaning in the sentence or paragraph. You *can know by the light*.

I recommend now that you do not study with the "mortal mind" but with the activity of the Spirit. You may well *feel* what you are reading first - before you truly understand.

Because the units of programmed energy are part of a University code, the understanding will continue. You may refer to a particular lesson many times and each time the units of energy will open a degree further and a new revelation will come to you from the Creative Spirit.

The result of studying and contemplating in this way will give you a sense of empowerment, accomplishment and creativity. For you will know that you have participated in this process of learning, and recall the truth from

ages past. What a way to learn! What a beautiful way to remember! Let go and let God!

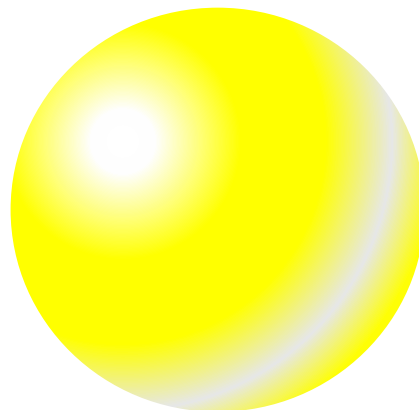
An Added Note...

The University Papers and lesson materials help you to open to the light of illumination and liberation.

Because of the strong, powerful energy within the University Records, the chakras or centers within your etheric body are affected, cleansed and very frequently opened to enable the passage of kundalini into the crown chakra, affording you with the Understanding, Knowledge and the Wisdom of Truth. *True understanding can only come through the opening of the chakras. As you learn to read in the manner I have described to you, you will be assisting the process of your awakening many times over.*

Blessings to you in the Name of The Most High and The Masters of the Light,

Crystal



THE SUPREME INITIATION

On the Path (of Initiation) the student is often puzzled because his/her life is not turning out "for the better".

The Supreme Initiation on the Path is oneness and it is to this Oneness (order of Melchizedek) you are destined.

The degree your personal life is being taken away, the degree this order is being personified.

You might say: But why must I leave my personal life? The answer comes: Because I need you with Me. Come.....

The Path or journey will take you into the GodSelf, that place of God: Unity, House of God. God is knowing Him-Herself as I AM... Thus the deeper you go into Truth (the path is narrow, Jesus tells us), the less 'personal life' you are permitted. Until there is none. Only Life Itself.

Do you understand?

A SUGGESTION FOR MEDITATION

(For "beginners" and advanced students alike)

Meditation is a focused energy. It must become part of you, even as breathing.

At first the discipline of meditation may insist that you meditate every morning, perhaps at noon, and at night before retiring. This is all beneficial as the student of spiritual unfoldment makes time for God in his or her life. But some suggestions are forthcoming here:

Too much too soon is not

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recommended. That is to say, as you begin your journey into the light of All-Consciousness-God, or **Truth, allow only** a brief period in the morning before rising, later in the day and at night. Perhaps five minutes might be suggested to you as sufficient. Thus you have given yourself a deadline in which to focus into the Christ Self. The **Creative Power** is then decreed forth out of this meditation. And you can create out of your meditation.

A brief reminder: Following each and every meditation and contemplation, that which has been touched and **felt** as the higher power will want to express **through** you. It will give you motion, a job to do, a function in the Christ. Please remember this: too often the lazy neophyte desires only to sit with God, not to move with God. **GOD PUTS YOU IN MOTION**, remember this. You become the rhythm of your inner divinity. I (God in you) put you in touch with your soul rhythm.

And - the Creative Power following every - yes, I said **every** - meditation will be ready to express **outwardly** as decreed into expression. Give the power to God to Be. The God in you **wants to express**. Give That which is given you to decree, in the Life Energy I AM. A decree puts into motion the God Energy you are.

Relax into meditation. Let God - that indwelling Spirit of yourself - receive you 'back' into the Kingdom of God. Let God (Truth) Be in you as you.

Now, as you relax into meditation, be aligned with the God Purpose you are. Let your Creative ability surge to the conscious mind and be ready to allow it to express in dynamic new forms of powerful alignment with your Creator (the position of that Life Energy in you). **Accept** the Divine Intelligence within your heart and mind. Be clothed with that Spirit.

Keep your meditations brief.

Long meditations do nothing for you. The purpose of the meditation is to align you into God Being as who you are. Soon - as through this University's lessons - you will be able to simply **acknowledge** the life center you are in Truth without a need to actually be still, be seated, to meditate. You will not have to create a time for meditation as meditation and contemplation will be in your rhythm throughout your day. And that God Force, or divine rhythm, will call you into the quiet - not at the times you have previously designated as a time for meditation but at the time that the Spirit or GodSelf designates. **Cooperate with the Creator in you**. You become the Life of the Spirit in personification, and this calls forth great fruit of Be-ing.

Those of you who withdraw for long periods into meditation may need to reassess the

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THE SUPREME INITIATION

wisdom of this. Keep a watchful eye that you are not subject to trance. No "mediumship" here. Only conscious alignment with God or Truth.

The five minute period recommended for meditation, particularly to the student new to this discipline, will be a great assistance in sharpening the powers of concentration.

Try entering your meditation, as the Christ Voice is developed, with a listening attitude. Listening to your own Higher Self. Listening to the Creative Power developing within you. Listening to the eternal wisdom of I AM. Thus much fruitage may occur.

I am going to repeat myself here. For those of you beginning to meditate, or for those of you who are finding difficulty in meditating, I recommend sitting in meditation no longer than five minutes. Three and a half minutes is actually the recommended period as a starter. One of the reasons for this recommendation is that you, the student may not be clear enough to meditate due to cleansing and purging that is taking place throughout your being. (This purging process occurs, by the way, periodically on the path and it is helpful to remember this.) Kundalini may take you into degrees of yourself. For this reason it is best to forego or limit meditation during periods of cleansing.

Your day is your meditation. Always this is so. The practice of being alone with God, or meditating in a time set aside, will take you, if you are willing, into alignment with God Be-ing.

Your assignment is to hook into the rhythm of the day. That is to say, begin to think and to perceive the God-

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rhythm which is Be-ing as the very breath of your day and night!

When you separate yourself from the Beingness of your day unfolding, there will be no God in your day as your day! Meditation can often be an escape **into illusion**. That is right! The illusion is that God, Being, is separate from your household, your job. If you are withdrawing into meditation because you are seeking bliss and because you are escaping from service, then you had better look at what you are doing. You are really contributing to illusion and actually removing yourself from God's Grace!

Many people who seek lengthy, blissful meditation are not really; in the Absolute. They are caught in the astral (or feeling, or psychic planes) thus when they emerge from this "meditation" they emerge filled with separation. They see separateness and are victims of the world once again. **They are not in harmony with their Being or their GodSelf.**

An enlightened person sees God or Living Truth in all life. Until you can see Truth through illusion you are not releasing the God Presence you are.

The objective of meditation is to align you with the GodSelf and to bring you to the contemplative state. Then in this contemplative state you converse with Truth, you breathe in oneness with God or the Holy Spirit. You are part of the Universe once more.

To summarize what I have given

you here:

Give up "feeling good." For that stage, which is but a step into God released Consciousness, remains a product of the three lower chakras.

A suggested practice is to contemplate the lesson material given to you through this University. The powerful shakti or radiation **implanted** in these lessons is like the fire of God urging you into the deepest regions of your soul. Let the lessons assist in drawing you into meditation, a meditation that safely guides you into the Christ Self and the Kingdom of Truth. We are privileged to have these lessons at this time. Make good use of them!

And finally I would say to you: Before you meditate make it very clear within your consciousness that you seek alignment with the Christ or highest Truth - the Absolute. Then you will not be drawn into trance nor will you be subject to false voices. I would encourage you here also: to beware of the psychic or plane of glamour. Stay with the solid foundation of the Christ, which is **the Central Awareness of our Universe**. And do not deviate from that. Seek nothing for yourself, but only God Truth. You do not need classes on reading auras, telepathy or even "spiritual healing." You will slow yourself down rather

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than speed your progress. Trust the Light within, and you will progress with a strong foundation, a Christed foundation, that is solid beneath your feet.

As you seek first the Kingdom of God (God Consciousness or Christ Consciousness) then all will follow. Your temple will be built not on sand, but on a firm and lasting base. And you will have the wisdom, the **consciousness**, to walk with God. Please remember this. It is important.

This University will guide you into initiation, into the Higher Self. That is the place that you must focus upon **not the desire plane**.

Humanity is awakening to the Christ Seed within. And out of this Seed a God Conscious humanity is emerging. You will do well to remember this. Allow the rising Kundalini to take you into meditation, lifting you into heights of new awareness. Stand on the mountain top of your own realization and Be!

As Christ emerges as your Self through the Seed of God implanted in your heart, this Christ vibrating in oneness will seek expression as you. In this holy and divine service of Christ on planet Earth, human beings find each other as the body of Christ. And when this happens, that is the Greater Christianity. The Christianity of Jesus The Christ.

I would ask you now as students of Melchizedek to begin to redefine meditation as a contemplative work. Begin to receive meditation in you as Be-ing, breathing out the Light of Expression into a world in need.

I thank you. And Blessings for the Service that you do.

Crystal/K.H.

FREEDOM, POWER AND AUTHORITY

MASTER'S PAPERS Number 4

I have found myself lately really stressing the importance of each student, disciple or chela to find his or her own unique and very special inner freedom. I cannot do it for you, nor can any other "teacher". It is your task to find that freedom within your own soul, live in it and really nourish it.

The work that I give you here, as a contribution from the University of Melchizedek, is given to key you into your own memory records and to ignite you, whenever possible, to the Light within your own soul.

We are not offering a religion here, nor are we insisting this is the only way to discover Truth. We know that this is not so. We are here to key you into your own records, to clarify He Who Was Sent and to introduce new and very vital Melchizedek documents to Earth.

As you study and contemplate the lessons through this University, you should know that through the word alignment given in the records presented (there is a word count or degree of releasing the precise order of the word) you will receive a revelation. Study to discover your own inner Truth. And learn to listen to that Voice, which is your own "Way and Truth and Life". Listen! For the corridors of the mind and heart will open and you will know. And you will be rhythmically satisfied in the Christ order of Being.

Students sometimes tell me, "I can't remember what I have just read in the lessons". Or, "Sometimes my stomach (solar plexus) hurts so badly when I study these lessons that I can't continue." In the first instance, you are not encouraged to memorize the words in the documents presented. They are not for memorization. You have your own words and feelings. We want you to begin to read your own precious Book of Life. We want you to know the beauty of your own inner being. You are here to light the world.

And second, if and when your stomach or solar plexus seems to tighten while studying: take a deep breath and breathe in the Spirit. Relax. Then reread the statement that has disturbed you. Get in touch with yourself. As long as you, yourself, believe in what you are reading, then receive the truth and

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know it as your own. It is much like digesting your food. Remember you are making a new path in your subconscious, breaking up old habits and thought forms. This can hurt! Gently and lovingly, feed your subconscious mind small bits of infinite reality - until the subconscious fights no more and the good food is digested.

Let me add here that as you can take responsibility for everything that has happened in your life, not blame circumstances on anyone else, if you can do this you are well on your way to assuming authority of the Life Force.

Take charge of your life! You create your own environment and the circumstances in which you live. But you must take responsibility for this creation. Take the helm of your ship. Once you can do this no one can hurt you. You have found an inner freedom no one can touch.

Crystal

THE PROCESS OF INITIATION

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must know My Son (expression) in you as I AM.

Initiation eliminates all darkness and brings into fruition the Christ Self: the image and likeness of Truth.

Peace be with you, My children, as you graduate into a new dimension.

TRANSFORMATION OF SELF

You are the one who is hurting you, denying you, causing you to suffer.

Go to that place within you where you can identify with the objective presence who you are. Then take the place of the "other one" whom you have blamed for the suffering. Begin to 'do' for the Child, the Inner Being who you are - Give that one what has been denied it. Do this continuously until you take full responsibility for who you are.

This removes separation and/or divided personality. This births the Child, which is your awareness of Being.

K.H./Crystal

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Blessings of Light,
The Editorial Team