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*Community of Light*  
**NEWSLETTER**

(A Publication of The University of Melchizedek)

# This Incoming Light II



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# THE BODY OF LIGHT

The University Papers Volume 8, # 150

**He who gives himself to Me and abides in the light will not die.**

**In the cradle of a new beginning, be like a star in the sky of the Creator. Be as one bright star and so radiate new life, hope and a trust of the new morning.**

**I have begun to lift you already.**

**March 22, 2000**

## THE BODY OF LIGHT

**Prepare for the greatest momentum given to Man. The harmony of Spirit is extended to all life. The lands shall be blessed.**

Be now the one that you were designed to be in My Name. Each day is important. Each day. Do not wait for a special time; for My Light is in continuous focus as the love of God is extended to all humanity and to all life.

I have not favored one kingdom above another, nor have I marked the brow of one without marking all. I have no preferences, as I AM the body of light.

If you are waiting for the prophesied moment to deliver yourself to Me, then you will miss the gate. Because I AM in the moment. Now. Give no thought to the day or the hour - for My time is right now as the Easter of your experience.

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### EDITORIAL TEAM

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## The New World

When you understand the Work of Jesus, then the "final days" can have no meaning. The Master says to you now, "Two thousand years ago, I invited you into the Kingdom of God where I AM. I brought the Good News of My Christ sanctuary. Here, now, I stand, beyond religion and all prophecy to say to you again, Come. I have a place for you in Me. Now."

Your identity has not changed. It cannot. The Father-Mother has designed you before all things were made. I would not have you walk this path without this

knowing. There is no time for better or for worse if you understand Jesus' ministry and His words of power as Christ Man.

The words I speak are true. YOU NEED NOT WAIT for the moon to shine. I have bidden you, Come. The Great seal of Sananda is spread across the heavens. All can see it. It is for you to see and know that this moment is your moment to enter Me, to come home.

Wait no longer. I have invited you to enter the light. Fulfill this mission. Do not linger for the call of the heavens, or for the stars to form aright.

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# THE BODY OF LIGHT

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I have not come to give you prophecy, nor to tell you "when." I AM here with you now as the beckoning star of two thousand years ago. I AM the Kingdom of God manifest on earth now.

I have brought My own Name forward that you may enter It.  
I AM the Consciousness of Michael, the Creator of this Universe and I AM the Son or GodSelf.  
My extension is Sananda now.  
He carries forth My messages of Light-freedom on the Breath of the wind.  
Be open to this Message as it is once again delivered.  
Be open to His words and so give birth to WHO YOU ARE right now.

## Behold The Light

The radiation of the energy field, which surrounds you and is the light body, is functioning for you now. Alignment to this body will permit an energy change that will complete itself as pure form.

The building of the light body is a movement of your consciousness into the light. It is there that you demonstrate the vibrating essence of your spiritual body - the body of light. This body is perfect in itself. It knows no fear. It is not susceptible to the appearance of disease or death. And it is yours for the asking.

Be clothed in the light body that you might carry My form of divine love as Son/Sun.

(Note: I was watching a news feature pertaining to the overcoming of cancer. I thought to myself, I don't need these thought forms and I moved to change the channel. As I did so, my Inner Voice spoke: There is no cancer in the light

body. The Spirit of Truth vibrated with these words. Instantly my attention shifted from the "story" to the presence of the light body. — C.)

Many believe that a shift into the light body would mean transference to another dimension. Others say that the shift to the light body will permit us to become invisible, and that we must seclude ourselves from others. Still others seem to think that those who have become the light body will shine like a sun.

As is often the case, shifts and changes are often not as glamorous or phenomenal as perceived. Haven't you found this to be so? As you begin to shed the dense matter of the belief in separation, the Spirit will gain entrance and begin to transmute the vital energies that maintain the body frequency. Even as I write, this is occurring. As you assimilate more light (Spirit), you will begin to look younger.

The belief in aging is dropping away resulting in a LIGHTER body that proclaims itself one with Spirit, your Christ within. The vital force that is the sign and signature of the light body begins to play its part in energy and in attitude. Thus, you will be younger, more vital - infinitely more vital - and project an aura of good health. These are the rewards of the light body as you take on your true nature of the Christ within, the light of the world.

## How Many Stars Do You Need?

Perhaps the presentation for this month should be titled Beyond Sensationalism, as there is so

much false information that can cause disappointment and confusion.

The living star that is always with you is the Christ Center. If you will stay with that Center in your divine Self, looking to that light constantly, you will accomplish your mission on earth as the light child of the universe. Reach not to the stars in the sky, but to the Bright and Morning Star within your Heart Center. There AM I. In the night and in the day, go to that place. The Master Jesus told His disciples, "I must leave you so as to prepare a place for you." He added that they would join Him in that place. That place that the Christ Master prepared for you - where He will be also - is the KINGDOM OF THE HEART. It is your heart center wherein dwells the Christ Self.

Jesus vibrates the Star of Melchizedek. He was the Order of Melchizedek.

The Master knew that if He remained amongst His disciples, they would continue to look to Him. And that was not His plan! What Jesus asks of us all is that we remember the light within our souls. Jesus, by His leaving, lives with us all as our divine blueprint. He is the model of Man.

God is One. And God in expression has appeared as the Buddha, as Mohammed, as Krishna. Each one of these expressions of Divine Truth lives now as the One. God in expression was Jesus, brother

to all, the Christed Man. If this could be understood, without exception, the battles would end and the phenomena of every age would collapse in the light of knowing. Let the magic of Christ Consciousness be with you now.

## Christ Consciousness

All life is related and it completes itself as a circle. Each member of this circle is important. And it is our relationship to one another that determines the world we live in.

To truly be in Christ Consciousness is to enter a plane of life where all is one. In this awareness, animal, bird, rock and flower join in partnership with you as one body. There is no Christ Consciousness without this vital awareness of the brotherhood of all life. There is no separation in Christ Consciousness, thus the lion does indeed lie down with the lamb. Respect, compassion, and harmlessness is the way. There can be no community, living together in Christ Consciousness, without the membership of all life as equals. A sense of community must embrace all of nature as equal partners.

A whole new world opens up for the individual who understands the Law of One and who respects and honors all life. You cannot experience the community of all life in loving and wise companionship if you kill one another. You lose the trust of animal life if you kill them or sanction killing. This is a law.

There is an Invisible Presence that we call Spirit or God that connects all life into Its network of Be-ing. If you hurt or consciously allow hurt to be

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inflicted on another, you will inevitably cause hurt in your own life. That is the Law of One.

Permit me to say this: the Golden Rule<sup>1</sup> applies to all life, not just to human life. It is the sanctuary for all creatures, be they human, animal, fish, or fowl. **All are alive in Me.**

## Question and Answer

**Q.** Why do so many sincere and dedicated students of the Light still retain the need to eat meat when they have been counseled many times to release the habit? And why do they often become offended, defensive, and even angry when they read or hear the words: "Eat no meat?"

**A.** This system must stop for the earth to be at peace. My children, be not defensive, nor be not angered by My Word. Have I not said it before - EAT NO MEAT nor in any way sanction this practice.

## The Body Immortal

A selection from *Living The GodSelf*  
Lesson 36, pages 178-179.

You have a new physical body now. It cannot be seen as yet, but it is your body to play in and vibrate through. It is your body of light. As this body-form begins to stabilize in your consciousness, it will be seen.<sup>2</sup> The dense form that you have known is no longer available to you, for now is sent a new body which is to carry the

illuminating Christ energy: the I AM Presence in body form. I ask you to claim this body as your body and walk as one in the body of light.

## An Exercise

Begin to walk, stand, run, play, sleep and enjoy a good meal In the light body. What I am saying here is to begin

To act as though you are wearing the body of light as your

Material, physical body. And... Begin to think and accept that this body of light is your natural Body. That you have no other physical, material body.

Act as though you know and are experiencing the body immortal.

Walk in it. Talk in it. Breathe in it.<sup>3</sup>

In this new body, the Creative Power as the resurrection can be carried and radiated outwardly as decreed manifest form. **I HAVE NO OTHER.**

**Always expect that which you have spoken to be. For that which you have decreed will harvest out of your own consciousness: according to your own consciousness. I can go no further than you will let Me.**

Thus, it is recommended that your physical attitude be one of conscious recognition that you are in the body immortal. You move and have your being as the light of the world and walk as one who has overcome death by life.

<sup>1</sup>Do unto others, as you would have others do unto you. (That is the Law of One.)

<sup>2</sup>Put on your whole armor of light!

<sup>3</sup>Your assignment is to become it!

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# EASTER OF THE SOUL

The University Papers Volume 8, # 3

## *Living Abundantly*

**Say to yourself and mean it: *With every breath I breathe, I AM abundant. As I go into my deepest Self where I AM, I find my Self in Me.***

This Easter brings a *knowing* that God is within and all life is a glorious expression of God.

The tremendous increase in the Light has caused eruptions - not only in the form of earthquakes and tornadoes, but in expressions of increased violence and suffering. You who are cleansed and prepared for the incoming Light are asked to increase the amount of unconditional and nonjudgmental love that is imbedded in your soul as the Christ. Learn and practice to respond to every situation and story on the news with divine love. This is the Easter of the soul. You may not know this yet but you have been brought to this planet to neutralize the violence and assist in the translation of all humanity in this glorious hour of transition into Christ Light. Let the gentle, kind, compassionate Buddha shine through you and please, judge not. We are in the Light of the Solar Son/Sun. Let the Light of radiance from the Creator Son pass through you into all creation as the I AM.

*But first, love your Self, your Christ within.* When you love and adore your Being within your heart and soul, the body takes on the Light of the inner Teacher. Only then can true love radiate out into all creation. The Light of God must shine through your heart now and cleanse this earth. Be not concerned with how others think

and feel. Be in the Higher Self, the Christ. You have come to do this. You have come to Be.

## **Thinking and Being in the World of Light**

Have you ever stopped to think, Why do I believe in the program of this world? If there is one Presence and one Power, how can there be death, disease, meanness and cruelty? Why have I believed in the stories and the belief of others? Where is my Voice in me? What is the truth? Something deep within me stirring tells me I have been living a lie. I have been buried in garbage - trash - falsehoods. If God is Love then Love is, in truth, *all there is*. Everything is born of Love and is, in truth, divine love in expression.

If I believe in God and in the presence of God as Christ in me, then, surely, the world I see is but a lie - a figment of my imagination - illusion.

## **Where Is My Courage?**

What am I to do? The world is made up of people I love - all believing in the laws of the world. They begin their lives preparing for illness and death. Because they are told to do this. They are educated in the system.

Many live fast and furiously, gobbling up the vestiges of Christmas and birthdays- pagan holidays - happiness bought from a window in a store. And everything is based on fear, is it not? You know - if you don't do this, this will happen? Who rules?

What and who is this "mighty one" who is so in control? Driven by fear and anticipation of the "end," most human beings live their lives experiencing fragments of happiness, not wholeness of being.

Who has the courage to overcome the darkness? Who will come forth and join with others waiting to break the cord and shine the light of our Planetary Prince? With Him, there is no darkness. He is the proclaimed Light for this planet and He overshadows all God's creation to make us stronger, to remove the blindness and the false allegiance to a world not true, not real, not of God.

Let us join with Him - the Planetary Prince - and be brave, courageous, in this moment of sudden awakening.

*Will you come, He says. Answer me. I AM the World of Light. Come to me. And pledge your allegiance to the Presence of God and His Law of Universal happiness, prosperity, gentleness and kindness, Love.*

*I AM the King of Kings. Listen to the world no longer. Be strong in Me. For I have come to release you from the world - its mortal coils and prison bonds.*

*I AM Jesus of Nazareth, known as the Planetary Prince Sananda. Behold! I release to you the courage to step forth proclaiming the Light. And the shackle of death will fall away. I promise you this. It is so.*

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## The World of Light

We are in a revolution of consciousness. Question the laws, the ways of the world. Put the world to the test. Where is the authority? What happens if you do not obey a law? What kind of punishment is implemented? Is the world that you live in based and ruled by fear? Because, my friend, God is Love. His love is unending and is constantly feeding the soul. His love reached out and blessed all when He hung on the Cross. Just to show us - He hung on the Cross. He demonstrated His Love. And that Love has not forsaken us. *It is now.* For the wicked and the pure. His Love now permeates the earth and is causing her to ascend - to throw off that which is not of love.

*I divide not! I AM judging no one save by My own Heart center. I AM realizing Myself in all matter as Spirit! Can you see this? Can you feel this? For it is so.*

Let the Star of David be worn on your sleeve once more, but this time let that star be as one with the Universe program of ascension! The two interlocking triangles do signify the perfection of being. And the rhythm of the Star pronounces Son of God, divine elevation into the Heart of God. The Star of David is the ancient Star of Melchizedek, the Creator as the Son!

*Have the courage to rebel now. Commit your thoughts and your feelings to the World of Light. Follow no man. Consciously hear My Voice of government upon this land and within your heart-soul. I have given you the truth. Listen! By listening, you will grow in Spirit - strong and with the conviction of My Truth. Live the lie no longer. Question the ways of the world. Do not drink of it. I have better springs of living water prepared for you. I AM the Christ within, the purity of Being, the bread of Life. Come home. Exercise courage and begin to walk as an immortal without age and without dependency on the death package.*

*I have spoken. I AM Sananda, your Planetary Prince.*  
Seal of Sananda

## Live the Truth

Take your initiation now. Many have been putting off the Easter of the Soul. It is critical that you stand up and drink of the Light as God's World entering your consciousness. Let the Light penetrate all parts of your being. Let the light dissolve all that is not of Itself. Be willing to surrender into the Christ within, that sacred light of yourself. But in this moment, decree *I AM the Light of the world.* And so it shall be. Welcome home!

Release all thought of death from your consciousness. Wear the light body now. Don the robes of light. Become familiar with your own body of light. Learn to use it. This is My body for you and it is a body that can receive the increase in power, in energy, and in creative flow that is given unto you in My New World of vital energy and light. Reclothe yourself. We are one.

Pick an age each day until you can realize age is thought. DO NOT LET ANYONE OR ANYTHING (such as birthday) TELL YOU HOW OLD YOU ARE! You choose. This exercise will help you to give up the false programming that has called Man to die. Radiate life! Live to Be. Begin to consciously accept and declare the power of your own energy field as L I F E.

## Seeds of Thought

- ★ It does not matter to the Creator that you have erred, that you have sinned. These things must be given up as not important to the Creator. Only you are important, the divine Son of Himself.
- ★ I care not for things. I care for you. Are you not My only begotten Son in whom I am well pleased?
- ★ Sometimes we hold onto our unclean parts, hoping to make amends for them. This is a form of attachment.
- ★ When we see ourselves as God sees us, we will have risen.
- ★ The sanctuary is in your heart. Go there. Let Me love you there. I will furnish you with everything you need.
- ★ My Presence is now. Abide with Me. Are We not one unit of perfection that I sent out of Me?

### *What Happens When You Enter the Melchizedek University?*

Immediately you are assigned a master consciousness, one who is directed to assist you in your ascension program. When this occurs you may feel and sense a loving and supportive presence, as well as a challenge to vibrate higher consciousness in the rhythm of the Melchizedek Order. The Master K.H. (Kuthumi) as World Teacher oversees all who enter this University and who accept its rhythms as their own.

Even as you study, read and contemplate the University lessons made available by and through Crystal, you also are taken to the Melchizedek University on the inner planes - to one of the many colleges of learning that are available to the Earth people and chelas of the Light. We carefully monitor all studies and teaching given to students who enter the University and its Halls of Wisdom.

It is recommended that you have a journal by your bedside to record your dream state, for in recording your dreams you will discover that you have been attending classes and ceremonies in the Morontia (pre-spirit) and spirit worlds. You are given instruction at night to prepare you for the initiations and ascension program released through this University. This University is vitally linked with the Great Melchizedek University of this Universe and beyond. We are connected to that program of our Creator and supply what is to be given for the restoration of the planet and the transformation of humanity. All Melchizedek Records created in courses, books, and audio presentations have been approved by no other than Father Melchizedek. Through Father Melchizedek and the World Teacher, Master Kuthumi, the emanation of The Christ is released as the *Living Word* and harmonized with Mother Mary's Office as World Mother.

### *What Happens When You Attend Classes on the Inner Planes?*

A Melchizedek guide will take you to the designated class within the great Melchizedek University halls. There are many different colleges that are extensions of the University and they represent various degrees of conscious learning and creative intelligence. The master-teacher who is assigned to you always accompanies you through the doors of your classroom. When you are seated, he or she disappears and will return when you are ready to leave and return to your sleeping or meditative state. The classes you attend on the inner planes will always complement the courses you are studying at this Earth University. This is why you may begin a chapter of study and it will seem familiar to you, as though you have studied it before. And you may find that your consciousness is open to revelation within the pages as well. In other words, the inner school of Melchizedek will always be an extension of the University of Melchizedek courses and seminars.

### *What Happens When You Attend the University of Melchizedek Classes and Seminars?*

The union of the great Melchizedek University and its Master Teachers is not only felt but is absorbed in the classes and through all the writings. If you are open and sensitive, you can feel the Holy Spirit alive in its revelatory power through Crystal's voice (on recordings) and all the Melchizedek Records issued and translated by her. It is an amazing experience and can be transformative.

When the student or chela is quiet and eager to learn, the Spirit is passed to that one. Because the University in its presentations is profoundly revelatory and seeks always to open the participant to his or her own deeper wisdom and revelation, the experience is one of upliftment, Kundalini awakening, chakras opening and the brilliance of the

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individual soul...

The focus, direction and challenge is always to move from the intellect and rational mind into the Breath of Being, where the Higher Mind sparks the Intelligence and graduates the student into brilliance, heightened creativity and genius!

## *The Sanctuary School and Its Assignment with Children and Youth*

The University of Melchizedek, through the inspiration of Sananda and Mother Mary, has inspired a school for young people dedicated to supporting their field of intelligence, psychic and spiritual development, and soul mission. The Sanctuary School, *where heart-based education is a way of life*, is revolutionary in its approach to children and young adults because it recognizes the important initiations, such as the rite of passage, and the soul path of every child and young person. The school's pilot program has produced young artists, poets, environmental leaders, and young people who listen to the heart and qualify all actions with a determination to succeed and be of compassionate service to all living beings. You will learn more about the online school by visiting [www.thesanctuaryschool.org](http://www.thesanctuaryschool.org).

## **Citizens of the Universe** *The Rule of Love*

*Restore citizenship to the higher planes of Being. With this, the Christ emerges as the One Who Governs in the hearts of all life.*

To be a part of the University of Melchizedek is to be a part of the New World Government. It is to partake of Sananda's Love and His Message of Oneness with all life. The Law is Love. The Planetary Prince Sananda, the outpicturing of divine and unconditional love for all, governs Earth and all creation. As you begin to recognize the Planetary Prince and His tremendous love, and become conscious of His aura enveloping all Earth, you, in company with all life on this planet, will be swept up into this Divine Compassion and be re-created through it. This that I speak of is the "Promised Land."

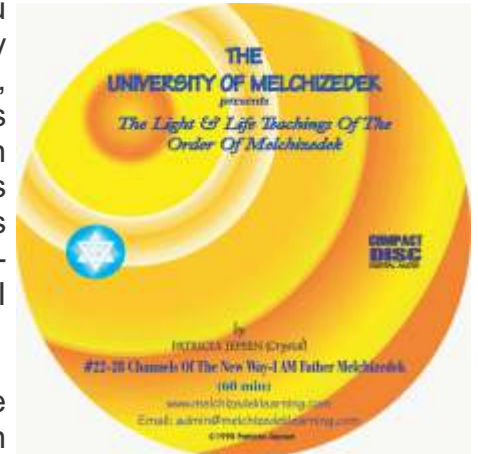
God has great plans for you! The blueprint for all creation has been emblazoned into our planet Earth. She is a part of the Christ emanation and Christ rule; and as a lighted planet chosen to be a headquarters for Sananda as the Solar Christ, just imagine what lies ahead and what divine nature we will find as our own true self!

In canceling the lie, which Lord Sananda has done by His presence and by His actions and life as Jesus of Nazareth, all life here on Earth has been affected and is now charged with His presence and illumined Being.

This presence of Light is the Christ Consciousness of humanity. Weep no more. Listen to this message, for it contains within it the promise of Sananda's rule and governance as the Lord thy God and the Prince of Peace.

Abide in Me, He says. I come not

to divide or conquer. I come *as the Body of Christ*, a new revelation for Earth and for you. — Sananda-Jesus.



**#22-28 Channels Of The New Way** (side one): Crystal brings the voice of Mother Mary to life as She tells us: "Bring your attention to this world of light every minute of your day. And it will stabilize and it will anchor. And it will transmute all that is of the old world into the new.... Wherever you go, know that there are angels with you and that you are in the world of light." Also: **I AM Father Melchizedek** (side two): The essence of Father Melchizedek vibrates through this message. 30 min.

It is available through the University store at: [shop.melchizedeklearning.com/product.sc?productId=276&categoryId=28](http://shop.melchizedeklearning.com/product.sc?productId=276&categoryId=28)