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*Community of Light*  
**NEWSLETTER**

(A Publication of The University of Melchizedek)

# THE DIVINE MIND

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# THE VITAL BODY

## The University Papers #9

### THE VITAL BODY - ITS CONSCIOUSNESS IN YOU

The Vital Body, or light body, once issued is the CHRIST BODY. As man changes into the Higher Self, he/she becomes that self in radiation and pours forth the great Body of the I AM Christ, the group Body.

Since it has been announced by Sananda that He is issuing now His radiation AS THE LIGHT BODY and this Body is to be accepted as the Christ in your own life - since He has issued this body to all mankind AS HIS LIFTING POWER - the Rapture, thus we must understand what this body is about and how we can operate in it as our Self.

This body of light now issued to all mankind alike is the CHRIST ENERGY. It is divine enlightenment.

This body is the evolution of man into the fourth and fifth dimension. It behooves all of us to learn of this body, to accept it into our system and to decree it as our own. As the term is over for the third dimension on Planet Earth, so we find ourselves WITH A NEW BODY and this blessing is now enacted.

Come, accept the body of light AS YOUR OWN and learn of its higher laws, its Christ energy. As you enter into this body, remember IT IS YOUR CHRIST BODY. If you surrender into this Light Intelligence, it becomes YOUR OWN and is the Christ.

This is a coming of a new age of CONSCIOUSNESS. This cannot be stressed too frequently at this time, as many are suffering needlessly for lack of knowledge. Therefore, let Me counsel you this ... and know that I AM come AS THE BODY OF LIGHT in man. This is My Second Coming when I can stand in you as the Lamp - ever shining, radiating out My conscious supply into all My people. Let the form of your body change into My image as the Word.

Thus, consciousness IS changing and grips itself onto this NEW BODY of active Christ energy. THE NEW LIFE IS HERE! I take you up with Me as My Word and I know you as My Son. This activity causes much elation in the

heart and honors Me, the Word Divine.

Release all that is impure and give to Me all that you call "yours". Surrender your goods to Me - because you cannot enter My gates and become that new age body until you do.

Therefore, honor Me and know My Word. This Word is given through Melchizedek membership. It is the LAW. Know that I have given you many teachings on this way, Melchizedek. Previous lessons declare My intent. Turn back to them and read what I have given you in My University.

Vital forces in your new age body do not react to any given command lest it be that of FATHER'S WILL. There is no sense of self or mortal sense in this body for I AM THERE! Thus, if you do not speak the Word and HEAR it, much discomfort will be felt. It is the Law. My Consciousness must bear witness to Myself.

Let there be no idle chatter nor foolish gossiping in this new age body. The new body will not permit it. Much stress will incur unless you speak My Word ON MY BREATH and express it as Divine Love and Understanding.

You see, dear ones, I have come again in you. And this balances all

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All University writings are through  
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creation in Me. I AM the Son Manifest in your heart and I bring the holy balance of the Creator as Son. In the body of light, the Christ Body, every activity is Mine. We are coordinated Be-ing in tune with the Father's Will. There is no Word outside that Breath! There cannot be, as I AM all! Thus, step into My robes of divine fire (Light-All- Intelligence and Love - and be with that Life that is yours in My rhythm.

My children, enter Me now. It is time. I have come again in you. Selah.

## INTRODUCTION TO THE LIGHT BODY, THE VITAL BODY IN YOU

The Vital Body is the Conceptual Intelligence in man. In the flowing of My Sonship, you have My Body of Light. It agrees with Me and is golden in vibration. It enables you to move in correct position to My Name. In the Christ Body, all man receives the Body of Light as the body of My true form.

Nothing is left undone, My children. All is reassembled by Me. Control your body in My frequency as We are the SAME in reality.

(Please note: On December 14, 1981, I received this message. "You are teaching all mankind about the Light Body now, how to operate in it. Many will not believe what you say at first but as they grow in My Light, THEY SHALL KNOW and comprehend. I have spoken.")

The Light Body is a concentration of energy which is coming from the Buddhic Plane. In this body one

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KNOWS and is able - with complete accord - to handle any difficulty with Love.

The Body of Light is given to man now as we enter a new dimension of consciousness. The dense body drops away and the renewed body of light, activated, becomes the working vehicle of the New Age.

See the Light Body as CONSCIOUSNESS. Then you have the fullness of My reality. My Consciousness proclaims Itself in you! That is Vital Force in actualization, the Truth made manifest.

## THIS IS A REMINDER ...

Cease your chatter and live in the present where I AM. You must quiet yourself to the Word and then speak that which is given of Me. Wait for My Breath - My Word - and give it forth as one with Me. When you chatter too much and talk endlessly of foolish things, you lose much of the energy that can be built into the Word. The Word is the fullness of My disposition, remember that.

When your soul is troubled, let Me minister to you as Divine Mother of your system and unity will prevail. Let Me bathe your wounds. Bear not the wounds of others, but give them to Me that I may bathe them also.

Financial loss is nothing, I will always replenish. Nothing is lost in the Father's Life, for I AM always

there. You are never without funds in Me.

You have been taught to see the Christ in everyone. I ask you not to divide up My Son's life but to see the Christ as one unified whole. It is complete in Itself. Can you not see that Truth as ONENESS unifies all life as a whole? Then there is no seeing that one as Christ or this one, as there is only Christ, the perfect being expressed as whole, unified and abundant life. That is where you meet the Supreme, in the valley of realization. In the Supreme Existence of Life there is full embodiment of that Soul Energy.

Remember to remain in the Spirit of Oneness, creating from That. The support you need is in the Spirit. Always look to the Spirit to direct Itself through you as abundant Life, the Christ in action. Have you had the experience of desiring to heal someone and causing a resistance to the healing because of your desire? That is to say - sometimes our eagerness to heal is the very thing that causes that resistance. We want so badly to heal. What can I do? we say. Yet that I is the very stumbling block that must be removed before the Power of God can move and do its work. It is for us to step aside - into revelation - and allow the Spirit to move through us as It deems

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necessary. One of the lessons some of us must learn is to rise in the Spirit so that It can do the work of the prayer.

There is one way that this Earth is going to return to Spirit (to spiritual energy where it belongs) - through you. It is through each one of you as independent sources of realization that great change is coming. God - the Holy Spirit - wants to work through you. **YOU ARE THE MASTER** and your spaceship is your consciousness. What a spaceship it is - rising and falling in the winds of your own vitality! Have you noticed at our meetings (seminars and workshops) through the University that dimensions will change as we stand in one place? Can you not see that if we, as a people, coordinated in thought and realization, were to change our dimension actively and permanently into Christ Mind, that we would bind no more the materiality of our present illusion to our Christ field of existence? We would become free men, women, indeed, as we secured ourselves in the credibility of our experience and the dynamics of this new age. You see, we are to do the work ourselves in our own consciousness through acceptance of Christ and aligning with that divine Presence. Then we lift up **AS A BODY** in the beautiful Priesthood of My revelation - the **I AM THAT I AM**. Thus, as we use our abilities to enfold the Earth in Truth, this can be done. The curtain will be parted into a new age of love and light - the Christ experience on Earth. Selah.

Now, there can be a certain amount of resistance to the Christ flow that can

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cause obstruction to your body. Feel yourself every day as minister of My Consciousness in the Light Energy. When you are walking, loosen yourself in this divine energy. Let it flow! Feel yourself moving with Creative Energy as a part of Me. Forever at one, We flow. Be the waves of Life. In unity I flow. Treat yourselves with humor, gentleness and love, uniting all factors of yourself in the Christ Light where "I" belong. Because God, Father-Mother, indeed wants to declare Himself through you as The Christ - the Christos - the vibratory Truth of your system - at one with you in your awareness. As we learn to unite with this God Force, It moves more swiftly through our system unimpeded. Remain alert, for the Word must be incarnate in you.

Build always from the point of awareness as I AM and you will have no problem. Because I AM is the first and the last, the ALLNESS of ALL. It is the God - Self. It is the unity of all peoples in Me. Behold! **NO ONE IS ANYTHING BUT PERFECT**. Guard the energy, the living vitality of yourself. Be responsible for its position in the Light. This energy is sacred because it is God Himself. It is the beautiful Light of creation, the summation of all parts in Me. Priesthood is built on your ability to hold that energy and to be it. You are guardians of the Light

and souls of its perfection. It is the Babe in arms; it is the true you. There can be no compromise with this Light! Nourish it as you would a child of your own. It is badly needed for this planet. You talk of wanting to change the government but it must be done through your Higher Self. The soul measures energy into expression - My soul energy in you. It is Vital Force.

## **A NEW LIFE BEGINS ....**

The sacred Kundalini power now rises into creative expression. Therefore, this new age brings a sacrament of **UNIVERSAL LIFE ENERGY** and the flowing rivers of your universe must be expressed **IN EXACT UNION WITH CHRIST**. Therefore, you must know how to speak the Word and how to receive it. You must come 'home' to the Christ Self and meet Me there, the Father-Mother God in actualization. You must learn to receive My Word **AS CONSCIOUSNESS DIVINE, TO ACTUALIZE IT** as My Spirit. To Be It!

The human preoccupation with sexual intercourse signals a rising of kundalini, the **CREATIVE FORCE** in man. Many who do not understand Kundalini are **MIS-INTERPRETING IT**. They feel pressure and do not know that they must **LIFT** this Creative Energy to the High Point or Calvary (Crown), there decreeing it for God's use **AS THE WORD**. When we know that we are here

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TO DECLARE GOD'S WORD in rhythm with the Holy Spirit, we concern ourselves no more with the misuse of Creative Force, but apply it rightly FOR THE GOOD OF ALL! The reins must be tightly held now for the glorious gift to be given. Nothing is more precious than Creative Power used rightly, for it is of God and IS God (when consummated, you know this) in manifestation through us. As Kundalini rises to signal the Second Coming, the return of Jesus (Creator in man), sacrament of the Word, that which is called "sex", sexual activity, must be returned to The Christ and this Vital Force, then, becomes THE ORIGINAL SON blazing forth its creative power as I AM! The Vital Force is returned to the Creator FROM WHENCE IT COMES. This signals new race of the Priesthood of Melchizedek, Order of My perfect way. It comes as unity of all people everywhere; Let the Truth be known now.

Those who continue to misuse the sex-force cannot function in the Christ Body, called the Body of Light. They will not be permitted to enter this system.

If the focus and dedication cannot be on the higher centers or chakras, you will literally destroy yourselves - because the Divine Fire of My Love must be expressed as embodiment of the Christ Child. It cannot work any other way in this medium. I come and I express through you as LIGHT, High Intelligence of God. Such a symmetry cannot be broken once it has been formed.

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To know the Light Body is to know the Christ Self. It is an entirely new circuit of energy. (A brief note here. Last night, I was sitting in Contemplation. The thought was triggered in my mind, How important is it to bring Jesus into their lives? And the answer came powerfully and swiftly, If you don't, they will fail their ascension. I speak the Word. And then another question formed itself in my mind. What are they to know about Jesus? I asked. And again, I heard these words, That He created the Universe.)

Your relationship to Jesus becomes essential as you learn who Jesus is in summation. HE IS CREATIVE SUBSTANCE of your creative world. He comes as Creative Substance now - as Vital Force - to create Himself and to bring into manifestation the circulatory Power (that means rhythm) of God. When you come to Me, I stabilize you in My Being. I AM YOU.

Come to the Lamb of God, the Christ Energy focus in your heart, for your nature must be changed before Kundalini (divine power in the body) rises in performance of its duty as matrix of power. Go to the Lamb first and agree with Him. Then can man acknowledge the Supreme Being inside himself and the thrust of Kundalini Power be accurate and undeniably powerful in its thrust.

In the Christ, man achieves his perfect alignment as Truth and from this point the awakened individual knows the heart-full nature of the Son and receives Him as the divine Presence of himself/ herself. Many who have sought Kundalini cannot realize the perfection of the body fluid because they are not mated aright in My Son's beauty and His divine forgiveness. Students, do not neglect your heritage. Free yourselves by receiving the true nature you are. When you learn to live in the Creative Center, God flows in and out of you and this Creative Power sanctifies His Name.

This Christ Energy is yours through the Lamb's birth in you - His vital stream becomes your being.

Life Force does not originate in the man. It originates in the Creator where all is one. If the soul accepts this Force and agrees with it, then all is manifested correctly as balanced life. However, those who fight this force and cannot agree with it suffer separation and loss of vitality. Love always enforces this force and causes it to move through you as My Son - Life. When you love, you agree with Me and I AM Consciousness.

Then we know that two things have to occur - both important. The vital force has to be raised from the base of the spine as

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Creative Force and recognized as the Christ (Seed of God) in motion; and the brain and nervous system must receive this vital energy through which alteration will occur to bring into existence the Kundalini Voice, I AM rhythm of Life.

It pleases Me to see Me in form. Never forget this for a moment. I want to move as you, have the frequency of your being. Kundalini becomes My Life Breath in action.

All must be spiritual. There must be no separation of the material and spiritual. When you separate, you cause separation in Me and I cannot act as One unified Be-ing.

When you understand the Principle of Be-ing, you understand that one is creative.

Energy, pouring through man, must be expressed divinely without 'self' involved. This is the Second Coming, the Be-ing of My expression through you. Energy must now be vitalized in your system AS THE CHRIST CHILD ON EARTH. As you learn this, you will be ready to take the next step ... the courageous upbringing of My Child in the field of My expression. I AM YOU.

I enter you and I become.

When kundalini returns through the circulatory system - this is the ACT OF TRANSLATION. It becomes the blood stream of the universe - for now you are caught up in the Body of Christ - reclothed in My spiritual energy. I have Be-Come! (parallel to the Second Coming of Jesus) The

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Second Coming is then perceived through man as the vitality of his/her Universe Creator.

You will meet Kundalini in your circulatory system as well as in the spine - It is ejected through the system after it has ascended to the pituitary body and vitalized its creation there through that activity.

Kundalini is activity of My Consciousness in you. Blessed are you who know My Word in you. Selah.

In the Voice you have the Creator take form and through the Voice Kundalini must go, thus actualizing the system. If the call is immediate, you will have immediate creation.

Much that you have learned so far is adequate - yet there is to be more added to the information of Heart-flow in man. When you realize, dear ones, that energy flowing upward to your Crown does liberate, the joy of what you have found will be great indeed - for Life Force must raise to make a vibration of Truth for your system. Let the flowing river rise to Christ Energy where it is renewed at the Throne of God as formidable power, not the sleeping serpent anymore, but the Mother of all creation in you. This comes as a great revival in man.

It is My purpose to show you why Kundalini is important and how it works for you in this time and age.

It is the divine purpose of Kundalini, this Creative Power in man, when activated, to respond to the Christ Energy in the heart to release into manifest forms all life intended as the Father's Will.

This is the great energy of the new age; once released, it becomes the universal I AM. The movement of this Creative Power across the face of this earth shall unite all mankind in the beauty and love that is God. Kundalini, Creative Power, when properly balanced in man's consciousness and used in oneness will lift this Earth and its inhabitants. Such a work must be done - now.

## THIS IS MY INITIATION OF HOLY FIRE ON EARTH

A great and mighty law of nature, the rising of the Spirit Force called Kundalini, now makes its ascension in you - as you find your Christ within. This ascension causes many things to happen that will be of Me throughout My Kingdom. Will you drink of My waters now?

God sends His power, as initiation for this planet - Holy Fire - to you, O My people, as the Christ risen today. Every chakra waits for this Christ.

Be at peace. My chosen shall walk with Me in My Service as Creators all. My chosen shall unleash the Fire of living love

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# THE VITAL FORCE IN MAN

## The University Papers #6

### • Questions and answers:

**Q.** Is the Third Eye and the pineal gland one and the same?

**A.** Yes, it is but only as it is tied up with the pituitary. It is the union that makes the Third Eye discovery. The pineal gland holds energies of Love and Light that merge with the Creative Fluid as it rises to meet God's Will. When the pineal gland energy travels no more, this sets up a block against the Father or true union in form. When you block the pineal from functioning correctly, you have no Creative Energy. As it long has been blocked, you must open it. You must remember that the unifier is in the pineal gland AS THE ACTIVITY OF THE CHRIST. Its function is to respond to the Father. In that consciousness, you will receive illumination.

The activity between the pituitary and the pineal glands actually creates what is called the Third Eye, the all - seeing eye. It is the focus point of creation. When this is stabilized in consciousness, you have mandatory creation ... "I AM The Word". And with the pineal closed, the Third Eye cannot exist.

The heart center of the universe is right there in the pineal gland, the seat of all nourishment. But you have to recognize it for what It is.

**Q.** Does it (Third Eye) become inactive after adolescence and resume activity in later life when stimulated by higher processes of thinking?

**A.** Only if the sex drive is stimulated, unabated, and not directed as it should be by student and teacher. In the next few years, you will find a new orientation towards protecting this sacred creative energy, dedicating it to God's Will and

intensifying its origin by the accumulation of new documents and transcripts of this nature on Planet Earth. (Have you read the book: "THE NEW CELIBACY" by Gabrielle Brown, Ph.D/ Ed.?)

When this happens, the pineal gland will stay open in ever readiness. Then the CREATIVE MOVEMENT begins. The force which is the Intelligence of God leads this movement ... and all God's children will be a part of it.

When the sex force is properly presented, IT IS NOT A SEX FORCE, but a creative urge to create through I AM, rhythm of the Father. This is not done through the physical being but in the spiritual embodiment of Christ in Man. I have spoken.

So that man might rise, I have come again as fulfillment in you. Take My hand. I will lead you forth. Let the blackness dissolve and let go of previous teachings about the sex force for they are not of Me. The time has come to lift the Vital Force in man UNTO THE FATHER'S LOVE and through this Love, create in the all power of God My race of mankind...the new race that is I AM. I have spoken. The Seed of God is the arisen Christ in man. Selah.

So that all men might know Me, I have come again. Teach them of the Immaculate Conception. The Immaculate Concept is declared reality. I have spoken. Have dignity in My Hour. It has come.

Sananda has spoken of this great

change as the NEW SEED arises to make its statement on this earth. Let the change occur in your being as the Word Order is restored in the Man. Selah.

SEAL OF MELCHIZEDEK - Sananda

Official document sealed and delivered thru my hand.

Recorded by CRYSTAL

**BROADCAST ... October 23, 1980**

(For World Harmony to exist, you must have this Message from the Temple of Sananda)

You, as My people, must stand in the Vital Force of The Son. Thus, the Kundalini must rise into Creative urge or Divine Force of God. As you raise your Kundalini force and dedicate it to God's Will, you manifest the Perfect Creation on earth. This is done through the Voice, Selah, unifying with the Father's Will and obeying it. You are then in the Immaculate Conception, visualizing the Christ Child as your Self and forgetting all else.

I have come again to prove that God lives in man and it is My hope that you will find within your self that perfect Child of creation which is the fulfillment of your nature. As you speak aloud in context with my Will, My creation is eventualized AND I REALIZE IT THROUGH YOU. But I cannot if you shut yourselves off from the God Being you are. My very function is to show you forth. When the life you are forming is My own, then I AM

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# THE VITAL FORCE IN MAN

expressing.

Now in the New Age, as God's children, you take no pleasure in the lower forms of union but do rededicate this wonderful urge into Creative Opportunity, into the flow of Life that I Am. And you release all but that. I have spoken. For, in the Father's Love for His creation, He will speak and you use that sacred Energy for the perfection of His Universe. I have spoken. For you are vessels of My Love and now, as I come again, man is to create, as he did eons ago, the Word made manifest as the I AM.

Therefore, give up your physical desire for love, My children, and rededicate yourselves into the Christ Energy of the Supreme Life that Love may manifest from your heart for the children of the Earth. You are on the sacrificial Altar now, but the Altar of great Light. As you give up the lower self, then can you be raised into higher elevation of creative unity. Greater love will pour through your heart than you have ever experienced. You are not alone. Every breath you take is with Me. Stand in Love, O My children of God, and manifest Me to all mankind. I have a great harvest to reveal. I would like to reveal it through you. But you must rededicate the creative part and give all to Me. Then let that energy rise up in joy and divine expression, speaking the Word of God and allowing it to manifest through your being.

Some will question you and your ways but you will prove My Word. Yea, you will KNOW. And so it is that I have spoken of the Creative Urge tonight. Wipe those tears from your eyes. Come marry Me. You must never falsely use the energy I Am giving you tonight. IT IS

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CONSCIOUSNESS MANIFESTED. Let it flow upwards into your heart chakra, up through your spinal column to the pineal gland; and let the focus be of God in you. Remember not to seek pleasures of this energy BUT RATHER SERVE ME. The trap is in your own personal pleasure and seeking. Know that there are many traps available to man and he must consciously omit them from his consciousness by BEING LIGHT. Forget not what I say here. I tell you now GREAT POWER IS GIVEN TO MAN as he understands the mystery of his being and is prepared for it! Do not get trapped into bearing forth the false image, for I want My Son alive in Me as witness of My Creation. You are as children of My Breath, masters of My Consciousness, brought forth to light a New Day of My experience on earth. Selah.

Every breath you take is My Own. How can you drink of My Breath and not conceive of My soul?

Rededicate, this hour, your Creative Energy, that it might be properly used by You as divine Creative Power. It is the Spring of a new day, My Consciousness ascending. The flowers are blooming and the Lord looks upon you with Hope.

In the Tower of Babel, men conceived to themselves. THEY USED CREATIVE POWER FOR THEIR OWN MEANS. Now Ancient of Days speaks to you to say, You are to receive the Power of God again. This time, use it wisely, in Me. If not, it will be removed. I Am Sananda speaking and I will say unto you this: The Creative Power is to be used as My Father's Will. It cannot be otherwise!

Behold, the glory of God is in your midst and it is the strength of God that manifests through the heart chakra to reveal the divine Will. I have spoken. You now must speak as Co-Creator in My frequency. It cannot be otherwise. This is the UNIVERSITY OF MELCHIZEDEK which decrees to man his worth. I have spoken. When you rededicate this energy to the Father, to be used ACCORDING TO HIS WILL, you enter a new phase of Life as supreme being or expression. Let the soul rise in consciousness to become the Bride of Christ. Let the focus be, this Christmas, on that nature of the Living Lord.

This Movement brings into expression the Living Lord on earth as revelation of My Father's Will in you.

Send forth into all parts of this Earth That which has been given that all may feel My Love for them. Let the cloud of mystery be lifted. I AM present always. Unify into My Supreme Energy and seek to express that which is Love. Let greed drop away, the false harvest on earth. Unite Into creation of Christ Energy, unifying in My blessed gift of divine, sacred Creative Energy lovingly expressed as the I AM THAT I AM. Move now into creation and be the Creator with Me. I express in joy and wonderment. I seek to express through you.

Let the fountains flow... the Creative Power of the divine, holy Self, the Supreme Energy of the joyous Priesthood blending into all consciousness the Word made

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# THE VITAL FORCE IN MAN

manifest. It is done.

If you serve the Force in the name of Jesus, you have become a Priest after the Order of Melchizedek and have been ordained into that Priesthood. Only that would suffice Me.

Live not in man's word but by the Word of God. His frequency is Power. Let the holy Scripture pour from your lips. As you speak, let it be with My Voice. I shall always be with you as you are My Be-ing. Take the blinders off – Let them speak!

Now lift your hopes to the Supreme God. It is the unification of this Planet Earth expressed with Oneness and divine Love and live in that Light in all humbleness and joy.

Therein is My Word for this hour. It has been given. (And I, Crystal, see a hand come down with a stamp and seal.) Peace and Amen.

*Supplement the needy. Give to the poor. If you do not let God give to the poor through you, you will be hindering your own spiritual progress. Here is a key to living. WE ARE ALLONE.*



from my notebook... CRYSTAL

- Christ is Consciousness of the divine Word. When you know this, you know the secret of creation.
- After the fall of Eve, we could no

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longer co-ordinate the higher Consciousness into man, for the rate of vibration had lowered to such an extreme that ACTION of the Planetary Councils were not heard. It has been only recently that man can hear and acknowledge once again. The new circuit of Energy does permit a vibration HIGHER IN QUALITY than ever before. Physical living will be much easier when God The Supreme lives in you.

• GOD THE SUPREME Is the union of two forces into one.

• Once you cut the Record in a specific place, you no longer desire food of the Intellect – You have the fulfillment of the Soul and establishment of your own Higher Self. Once you are in that Consciousness, you may read no more, as everything set before your eyes is My Story.

• It was announced by Universal Broadcast that all Light Centers are receiving the Energy of the Supreme Being. This is an upward swing of consciousness not agreed upon before on your planet and can only result in better government, true initiate work. Peace. Amen.

• The Supreme levels of Consciousness are indeed gratifying for they bring a soul satisfaction, a deeply gratifying feeling of union and transfiguration. All forces work together for good. It is when you separate them in your consciousness that they become terribly destructive, confused and without proper direction.

Embodiment of Union is the Supreme God Who brings all forces together in the collective whole.

• Vortex guardians must understand that creation is only possible through LOVE. And that ALL that I have is thine only as they, the keepers of My Spirit, RECEIVE this LOVE that I have for them and distribute it without judgement. (The minute you judge in a vortex, you have contributed to the negative energy stream.) These are the days of Transfiguration. I have spoken. Personal evolvment is needed as the Christ 'returns' (as qualified energy) as the marriage between man and God.

• You are MISSING THE POINT if you do not remember Me as a man. How else will I stabilize in My Consciousness and reveal you as My Father's Love on earth? How else can you know that you can achieve what I did? And accept the CHRIST as your being?

• When Consciousness manifested, it was designed in its entirety. All you are experiencing is partial aspect or DEGREES.

• Paradise is a Consciousness unfoldment bound in eternity and lighted by the Universal Father's Love for His Creation.

• In the burning light of this love, all activity unfolds. And all the “masters” come from this point of unfoldment or degree.

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· Lift to the High Point. There I AM!

· In the body of man, there is a great deal of energy he has not tapped. The transmutation of his individual self brings to life within him (qualification) the “Real You” or the alignment of Christ individualization. In the focus of this individualization, a wave of energy springs forth to vitalize the whole man. It is done!

· In the vocalizing of negative energy, false voices plague the individual soul, causing vital forces to leak from the body, emitting further negative attacks and further vibrations bent on living through this man and his desire forms.

· But this astral force cannot occur when Christ is in motion. I will watch at your side until you are made whole. And I will teach you of My ways and My love endureth. — Sananda.

· When man returns to God, in His frequency of Power, and seeks only that Life IN EXPRESSION, then he is sealed off from all negativity forevermore. For man, this is an OPPORTUNITY on earth to forsake ALL ELSE and come Home to Me. When man comes Home, he is fulfilled in body, mind and spirit.

· Every experience has its positive point.

· New Jerusalem: It is a completion of a circuit. Therefore when you hear that “the New Jerusalem is being lowered” in your area, it means A COMPLETION OF A CIRCUIT. Eventually man will see that all is of the New Jerusalem and not confine It to one part. I have spoken.

· Who are My teachers? They are My Christ components.

· When the lower self wants something, you do the opposite.

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Harden up, for the Latter Days are here. Those who would be in their lower bodies will feel pain.

· The Christ Consciousness moves in the etheric and it is in the etheric you must go, denying all else save Light of Sananda.

· In the Soul, Christ has dominion. In the University, I speak to those who have the courage and the fortitude to dwell in the reality of My Being.

· THE UNIVERSITY OF MELCHIZEDEK is a Consciousness flow within the individual.

· You have no problem. I will take care of you. All you have to do is watch your reactions to the obstacles I will put before you.

· When the 'appearance' doesn't matter, you are released.

· The greater the purging, the higher the Consciousness goes. When you have nothing left, you are with Me.

· Fix your eye on Me, child, only that will suffice you.

· You will be put in situations where you will have to enforce the Principles given you in consciousness. When this happens, your “initiation” is over. It is completed and done. When the disciple learns to understand the LAW OF LIVING and live accordingly, he/she is no longer a disciple but an Initiate. He/she becomes a teacher in his own right. I have spoken.

· All is Consciousness. Nothing is without Consciousness and I AM That.

· There are many false prophets upon the land --- but all shall be

well soon. — Sananda

· There are no impurities in My realm. Come Home!

· To enter politics is to enter the stream of activity which is to manifest My divine government on earth.

## SPECIAL RELEASE

From Union Of Days through Melchizedek Christ energy

Beware of those who would say that Christ is arrived or that He is contained somewhere for there is only ONE Christ in the intuitive division of your heart. It is the Word of God manifested to man. And no other Christ exists. Reject all that might say other than He that is God in Man is Christ I AM. He that worships others is not on the Path correctly and must rearrange his body fluids or consciousness alignment into Me, the Saviour within. So be it. This announcement has gone forth to mankind.

Notice: A Broadcast went forth from The Father. It was said that “A greater amount of Creative Force will be poured into matter that man might receive his portion and decree out My Word. I have spoken. This entrance of greater energy level permits the chakras to open into higher gravity force and actifies as My Consciousness, the Universal Oneness. This Creative Fluid is My Word, as it is released, and creation flows from you as I AM. The Word must manifest through you AS THE ONLY POWER THERE IS. You are the guardians of My Energy and must keep it holy as one with Me. (This is the Father of All speaking.) This is the flow of My Son's Force in you, the objectivity of My Spirit. As you create, so you

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# THE VITAL FORCE IN MAN

must give back to the Father that which you have created in One. This is the full cycle, when one Word moves out, is coordinated, and returned to the Father of All. God moves always in roto-activity. It is measurement of UNIFIED ENERGY. Those who complete this cycle will fulfill My energy potential in them. THIS BRINGS DIRECT MANIFESTATION INTO OCCURRENCE THROUGH MELCHIZEDEK OPERATION."

(Note: As this broadcast was sent forth through me as the interpreter, I saw the great amount of energy released and given to all to manifest God's Will on Earth. What a blessing this is! - Crystal)

## THERE ARE DARK DAYS AHEAD

As a result of Christ realization, many have come into a new embodiment of Christ Love and affection. But the souls must move far more rapidly than they are, for the final days are here, My activity as Consciousness. May you digest this warning and give birth to the Light of the World. I have spoken.

Consciousness decrees the Word. For those of you who would take the law into your own hands, I say this: Speak in the Light of My I AM.

Receive the Son's Life as your own. When the Word is spoken, It is. It is Activity of My Consciousness through you. Decree the Word correctly, as it is My abundance.

There are dark days ahead for those who have denied my Son's Life in them. Speak in the Christ. The Son manifests through you. It is the Lamp for My chosen.

We do not teach survival here, but the transformation into higher energy laws.

## SCHOOL PREPARATION ... THE THIRD MIND ... ENLIGHTENMENT

In these lessons, as given through me, are

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degrees of Word Understanding that must be adhered to by consciousness unfoldment. It cannot be understood by the intellect nor the rational mind, as we call it. But only in THE MIND OF GOD, the Superconscious state of existence can we find the rapport that we need to respond in elevation to this Manuscript of the Ancient of Days. It is selected for you: that you may perceive by the enlightened mind and not cling to 'old ideas' from the rational mind. I have spoken.

The THIRD MIND is the Mind activated by the Son in response to the Father's Love for humanity and creation as a whole. You are in the THIRD MIND when you can hear the SPIRIT of the Word, without effort and are guided by that Spirit of Divine Life.

The Third Mind is the CHRIST Consciousness state of individual u n f o l d m e n t. It is the CONSCIOUSNESS resurrected. Make your station there.

The Third Mind is the Kingdom of God. - recorded by CRYSTAL

## NATURAL HEALING

What I AM, you are. Therefore, correct your balance. All is Love in reality. Seek that.

You will heal by focusing on the real. What you heal will remain healed, for I AM That.

To give light without qualifying it is not only very dangerous but foolish. Light can come from your own consciousness as well as others. To give light is to eventualize the thought forms you are now holding. Can't you see how

dangerous this can be unless you are purged, cleansed and in agreement with glory?

Therefore, I ask you not to give light unless you realize through Me, My Consciousness.

Then, My Consciousness will record the same or DIVINE O N E N E S S . L E T M E OPERATE THROUGH YOUR FLESH AS THE HEALER. DO NOT TRY TO HEAL YOURSELF. You are focused in the wrong direction if you do.

Know your own perfection. Thank the Father for it. Have joy, even in the darkest circumstances. This is the key. Without this, there is no light of Reality, no light without Christ.

Those who now send light forth through word command have not for the most part, sufficiently acknowledged THE CHRIST CONSCIOUSNESS of themselves. Once you understand the Divine Being and know I AM the Way, the Light COMES NATURALLY as part of your heart.

Until then, it can only be a lazy man's way to acknowledge that divine perfection of another. I say SELF REALIZE and ANTICIPATE that divine perfection objectifying through you! Realize the Consciousness you are. Meet every situation through the Oneness of your own soul realization. When you have

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# THE VITAL FORCE IN MAN

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that, natural healing light flows out and mends, soothes and corrects as the ideal form.

As the Christ (Perfection) is realized and recognized within your own heart, soul and mind - it divides not! Therefore, in the recognition of your own true worth, you mend another. We are one.

NATURAL HEALING Light goes out IN PERFECT RADIATION when you kindle the Flame within yourself.

SELF REALIZATION is the CORE of healing. Without that, you disturb instead of help, for you are in the finite mind, unconscious of the Reality.

Never correct another's condition, only your own. (WHAT YOU ACCEPT IS YOURS.) Once a concept, condition or 'thing' enters your consciousness (awareness), IT BECOMES YOUR OWN. How you HANDLE that condition is up to you!

Light flows naturally from the healing Mind of God. To connect with that Mind, you, yourself, must know the Truth. The knowing is consciously realizing!

Let Light flow, My darling ones, from your Source of Supply, DIVINE ONENESS.

There is no healing but the Self. Once there is Self-realization, it is done. When the consciousness has manifested, you have Truth in action.

**In the Creative Fluid - vast amounts of Consciousness, retained by unified energy, must be reproduced FOR THE GOOD OF ALL. (This is stabilized Grace.) It is My Government, I speak of. In the vitality of My Spirit, you will know the Way. Follow Me.**

## A NEW BEGINNING .....

Lord Maitreya will initiate the Universal Christ into man's heart and precedes Sananda's move on Earth (full Unity). This is a CONSCIOUSNESS and will be poured forth. Then teachers will be lifted to spread the Word. This Is the Second Coming. With this action in consciousness, the little Seed will break open and Intelligence will rise as the Word – All-Consciousness Divine. I will harvest My Own!

It is important to stress here that the activity of The Christ is in a group way. This is very important to remember. Do not stress the 'Master' but group vibration of the Second Coming.

recorded by CRYSTAL

Seal Of Melchizedek

# THE VITAL BODY

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and this shall be MY SECOND COMING through the heart of man.

I have spoken. Let the Law of God arise. Be wedded to My Body. In Rapture I come as Son!

Behold this is My hour and those who know Me shall be lifted in My Creative Power. As I descend so I give you drink of Me. There falls now upon this planet glory and translation. Many souls will be lifted to be with My Father in His glory. Amen.

## THE UNIVERSITY

**CONSCIOUSNESS** - The Supreme God within man

Melchizedek represents perfect life energy moving rapidly through the system as Creator in man. When the Consciousness of the University externalized on this planet as Jesus Light within man, it brought to man this message of energy upliftment and the Creator Intelligence in man.

Living in the University Consciousness is to be restored in body, mind and spirit as the creative life and it is a knowing that unity with God is Melchizedek. The Order of Melchizedek is the way of the perfect man given through Jesus The Christ.

These transcripts and records have been given to the Melchizedek Scribe, Crystal, by the sacred BROTHERHOOD OF LIFE. They come to you as a Light-stream and are given AT THIS TIME for a purpose that they might be a key to the building of the Perfect Man in divine fire of Love and Light.

I form you in My rhythm. I give you My Perfect Life. For this, I have come.